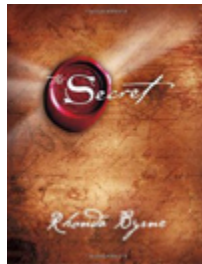
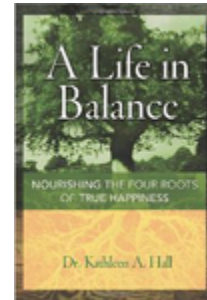


**LIVING DEEPLY**  
The Art & Science  
of Transformation in  
Everyday Life

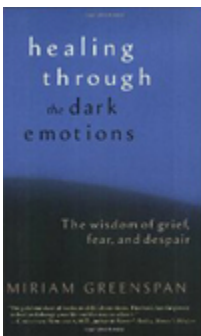
Marilyn Schlitz, Ph.D., Cassandra  
Vieten, Ph.D.,  
Tina Amorok Ph.D.  
Noetics Books / New Harbinger  
Publications



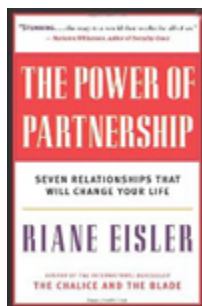
**THE SECRET**  
Rhonda Byrne  
*Beyond Words*  
Atria Books



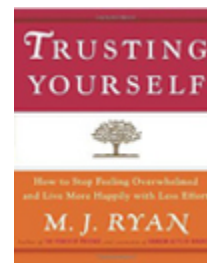
**A LIFE IN BALANCE:**  
Nourishing the Four  
Roots of True Happiness  
Dr. Kathleen Hall  
AMACOM Books



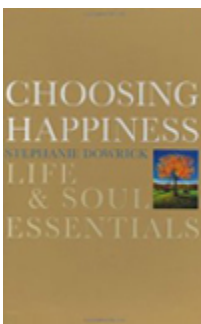
**HEALING THROUGH  
THE DARK EMOTIONS:**  
The Wisdom of Grief,  
Fear, and Despair  
Miriam Greenspan  
Shambhala



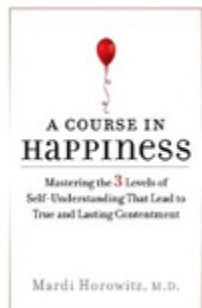
**THE POWER OF PARTNERSHIP:**  
Seven Relationships That Will  
Change Your Life  
Riane Eisler  
New World Library



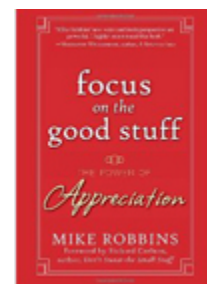
**TRUSTING  
YOURSELF**  
M. J. Ryan  
Broadway Books



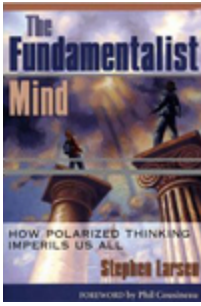
**CHOOSING  
HAPPINESS**  
Stephanie Dowrick  
Tarcher/Penguin



**A COURSE IN  
HAPPINESS**  
Mardi Horowitz, M.D.  
Tarcher/Penguin



**FOCUS ON THE  
GOOD STUFF**  
Mike Robbins  
Jossey-Bass

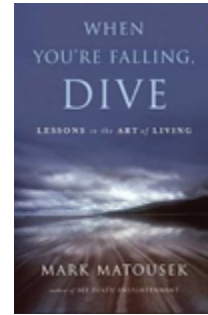


**THE FUNDAMENTALIST MIND:  
How Polarized Thinking Imperils  
Us All**

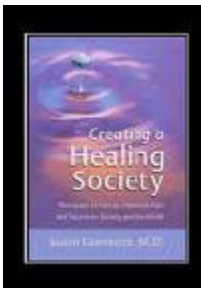
Stephen Larsen, Ph.D.  
*Quest Books*  
*(The Theosophical Society)*



**STUCK**  
Anneli Rufus  
*Tarcher/Penguin*

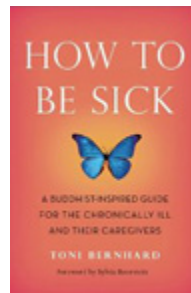


**WHEN YOU'RE  
FALLING, DIVE:  
Lessons in the Art of Living**  
Mark Matousek  
*Bloomsbury*



**CREATING A HEALING  
SOCIETY:  
The Impact of Human Emotional  
Pain and Trauma on Society and  
the World**

Susan Lawrence, M.D.  
*Elite Books*



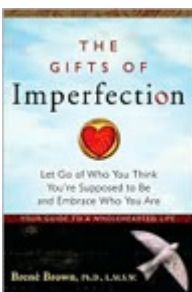
**HOW TO BE SICK:  
A Buddhist-Inspired  
Guide for the Chronically  
Ill and their Caregivers**

Toni Bernhard  
*Wisdom Publications*

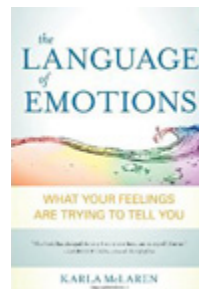


**AWAKENING JOY:  
10 Steps That Will  
Put You on the Road  
to Real Happiness**

James Baraz  
& Shoshana Alexander  
*Bantam Books*



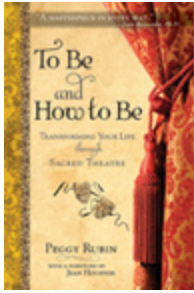
**THE GIFTS OF IMPERFECTION**  
Brené Brown, Ph.D., LMSW  
*Hazelden*



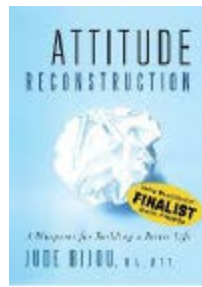
**THE LANGUAGE OF EMOTIONS:  
What Your Feelings Are Trying  
to Tell You**  
Karla McLaren  
*Sounds True*



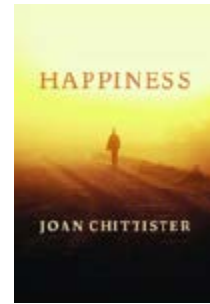
**SOULCOLLAGE EVOLVING:  
An Intuitive Collage  
Process for  
Self-Discovery**  
Seena B. Frost  
*Hanford Mead*



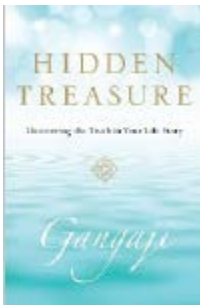
**TO BE AND HOW TO BE:**  
**Transforming Your Life Through Sacred Theatre**  
 Peggy Rubin  
*Quest Books*



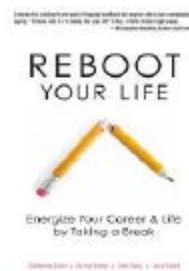
**ATTITUDE RECONSTRUCTION:**  
**A Blueprint for Building a Better Life**  
 Jude Bijou  
*Riviera Press*



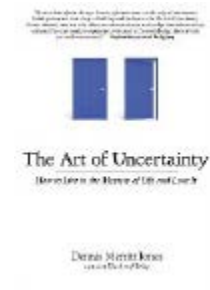
**HAPPINESS**  
 Joan Chittister  
*W. B. Eerdmans Publishing*



**HIDDEN TREASURE:**  
**Uncovering the Truth in Your Life Story**  
 Gangaji  
*Tarcher/Penguin*



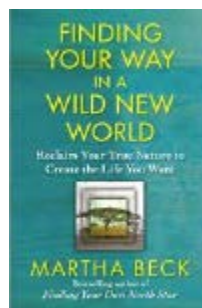
**REBOOT YOUR LIFE:**  
**Energize Your Career & Life by Taking a Break**  
 Catherine Allen, Nancy Bearg, Rita Foley, Jaye Smith  
*Beaufort Books*



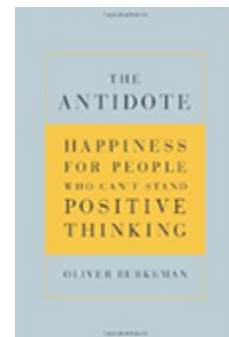
**THE ART OF UNCERTAINTY:**  
**How to Live in the Mystery of Life and Love it**  
 Dennis Merritt Jones  
*Tarcher/Penguin*



**THE CREATIVE CONVERSATION**  
**ArtMaking as Playful Prayer**  
 Bridget Benton  
*Eyes Aflame Publishing*



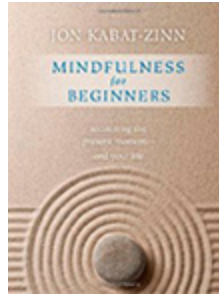
**FINDING YOUR WAY IN A WILD NEW WORLD**  
**Making Your True Nature to Create the Life You Want**  
 Dr. Martha Beck  
*Free Press*



**THE ANTIDOTE**  
 Oliver Burkeman  
*FSG / Faber and Faber*



**DARING GREATLY**  
Brené Brown, PhD, LMSW  
*Gotham Books / Penguin*



**MINDFULNESS FOR BEGINNERS**

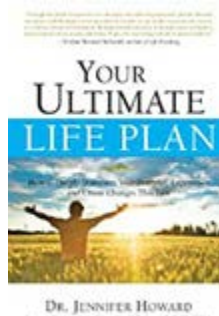
Jon Kabat-Zinn  
*Sounds True*



**TRANSFORMED!**  
**The Science of Spectacular Living**  
Dr. Judith Wright &  
Dr. Bob Wright  
*Turner Publishing*



**THE WIZARD OF US**  
Jean Houston  
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