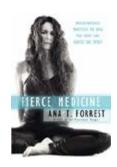
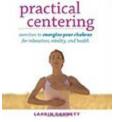
BODY-CENTERED THERAPY



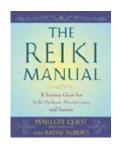
FIERCE MEDICINE:
Breakthrough Practices to Heal
the
Body and Ignite the Spirit

Ana T. Forrest

HarperOne/HarperCollins

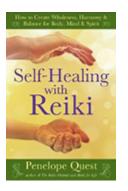


PRACTICAL CENTERING Larking Barnett Quest Books



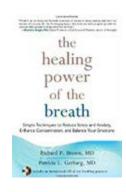
THE REIKI MANUAL: A Training Guide... elope Quest, with Kathy Rol

Penelope Quest, with Kathy Roberts Tarcher/Penguin



SELF-HEALING WITH REIKI

Penelope Quest Tarcher/Penguin



THE HEALING POWER OF THE BREATH

Richard P. Brown, MD, Patricia L. Gerbarg MD Shambhala Publishing