

GRAND WINNERS

WILDLANDS PHILANTHROPY: THE GREAT AMERICAN TRADITION

Tom Butler
Earth Aware Editions

Wildlands Philanthropy in its deluxe slipcase, 350 pages and 170 color photographs, is a visually spectacular tour of natural landmarks from Alaska to Tierra del Fuego whose incredible diversity of wildlife habitats have been saved through private initiative during the past century.

BEST IN SMALL PRESS

THIS TRIBE IS MINE: A STORY OF ANGLO-SAXON VIKING CULTURE IN AMERICA

George Hiram Williston
Williston and Robbins Publishing

This book follows the English language back to ancient Germany, providing a unique look at the culture of conquest and slaving that brings us to our American culture of war and hoarding. This is contrasted with a higher way of being human through developing our hearts, as shown to us by many enlightened teachers of peace.

AGING GRACEFULLY / REJUVENATION

LIVING YOUR UNLIVED LIFE

Robert A. Johnson & Jerry M. Ruhl, Ph.D.
Tarcher/Penguin

The esteemed Jungian psychologist – using personal exercises, literary and psychological history, and drawing upon his many years of experience in probing psycho-spiritual issues – counsels how to cope with feelings of failure or regret in the latter half of life and how to open to a more meaningful existence, even if outer circumstances cannot be changed.

ANIMALS / NATURE

SOLITUDE

Robert Kull
New World Library

In February 2001, Bob Kull traveled to a remote island to live completely alone for an entire year. *Solitude* contains his diary from his tumultuous experience where he explored the effects of deep solitude on the body and mind.

GRAND CANYON: RIVER AT RISK

Wade Davis
Earth Aware Editions

This book combines science and adventure with breathtaking photography to draw attention to the river's plight and looming global water crisis. Robert F. Kennedy, Jr. helps to reveal the challenges and opportunities for restoring the world's watersheds, delivering a message of hope and inspiration.

**OUR EXTRAORDINARY EARTH AND ITS
EXTRAORDINARY PEOPLE**

Simhananda
Orange Palm Publications

The photographs shown in this book are somewhat like little wake-up calls, solar beams rousing us into a greater wakefulness and seeing the world in a totally fresh perspective: the universe is in no way ordinary nor ever boring. All photographs are original and come with subjective sayings, often humorous, witty commentary peppered, of course, with lots of poetic license.

AUDIO BOOKS TO ENLIGHTEN AND INSPIRE

PURE WATER: POETRY OF RUMI

Coleman Barks with Eugene Friesen
Better Listen!

The performance captured on *Pure Water* recalls the essence of the communal celebrations of poetry, stories, jokes, prayer, and music in which Rumi's work was first uttered, but in a distinctive contemporary setting. The cello of Grammy Award-winner Eugene Friesen carries the language directly into the heart of the listener with a diverse menu of world folk melodies, Bach and improvisation. "What is the soul? Consciousness. The more awareness, the deeper the soul, and when such essence overflows, you feel a sacredness around. It's so simple to tell one who puts on a robe and pretends to be a dervish from the real thing. We know the taste of pure water..." - Rumi.

CONSCIOUS BUSINESS / LEADERSHIP

MINDING YOUR BUSINESS

Horst Rechelbacher
Earth Aware Editions

In *Minding Your Business* Rechelbacher (founder of Aveda and Intelligent Nutrients) contends that only environmentally sound businesses will advance into the next century and describes ways businesses can, and must, improve their relationship with the natural world.

STIRRING IT UP

Gary Hirshberg
Hyperion

From the chairman, president, and “CE-Yo” of one of the most environmentally responsible companies in the world, a revolutionary message for corporate America: A green business is a more profitable business.

COSMOLOGY / NEW SCIENCE

MEASURING THE IMMEASURABLE: THE SCIENTIFIC CASE FOR SPIRITUALITY

An anthology featuring Bruce Lipton, Candace Pert, Lynne McTaggart, et al.
Sounds True

"*Measuring the Immeasurable* is a superb collection examining the relation of science and spirituality. Full of insights from some of the most respected names in the field, it is highly recommended." Ken Wilber, *The Integral Vision*

CONSCIOUS MEDIA / JOURNALISM

THE BODY TOXIC: HOW THE HAZARDOUS CHEMISTRY OF EVERYDAY THINGS THREATENS OUR HEALTH AND WELL- BEING

Nena Baker
North Point Press / Farrar, Straus and Giroux

Almost everything we encounter contributes to a chemical load unique to each of us—what scientists refer to as a “chemical body burden.” In *The Body Toxic*, the investigative journalist Nena Baker explores the many factors that have given rise to this condition—from manufacturing breakthroughs to policy decisions to political pressure to the demands of popular culture.

**THE GREEN COLLAR ECONOMY:
HOW ONE SOLUTION CAN FIX OUR TWO BIGGEST
PROBLEMS**

Van Jones

Harper One / Harper Collins

The man Thomas Friedman says is “not to be underestimated,” and who counsels both Obama and Clinton on environmental policy, delivers a call-to-action of green solutions that provide for economic growth and are politically viable. *The Green Collar Economy* is Van Jones’s 21st century plan to save the environment and rescue working-class Americans.

**BLUE EGGS AND YELLOW TOMATOES:
RECIPES FROM A MODERN KITCHEN**

Jeanne Kelly

Running Press Book Publishers

Like many of today’s home gardeners, Jeanne Kelley’s backyard kitchen garden is a means to indulge her desire for fresh, organic, and flavor-rich produce. Just minutes outside of downtown Los Angeles, this same backyard is also home to Kelley’s pet goat and Araucana chickens, which provide her with a plentiful amount of milk and sky blue eggs that often feature in Kelley’s internationally inspired dishes. In she shares more than 150 of her recipes, all of which offer new and authentic ways to take advantage of local and seasonal foods and incorporate the multi-ethnic flavors into your everyday diet.

A LIFE WORTH LIVING

Robert Martensen

Farrar, Straus & Giroux

Robert Martensen, an experienced physician, historian, and ethicist, draws on decades of experience with patients, friends, and family to explore the life cycle of a serious illness, from diagnosis to end-of-life. In *A Life Worth Living*, he shares the stories of some of his most compelling patients.

HEALTH / HEALING / ENERGY MEDICINE

ENERGY MEDICINE: 10TH ANNIVERSARY EDITION

Donna Eden
Tarcher / Penguin

Energy Medicine by Donna Eden has been called the “*Gray’s Anatomy* of the subtle body.” It weaves together the author’s fascinating story, the invisible world of the energies which she works, pertinent research, cross-cultural understanding, spell-binding case histories, and most importantly a systematic and comprehensive program for self-healing and for “keeping your energies humming.”

ENERGY MEDICINE FOR WOMEN

Donna Eden
Tarcher Penguin

In this follow-up to her bestselling alternative health classic *ENERGY MEDICINE* (with net sales of over 110,000!), Donna Eden presents a complete guide to using energy medicine to maintain a woman’s optimal physical and mental well-being.

HOME & GARDEN / NATURAL LIVING

PLANT SEED, PULL WEED: NURTURING THE GARDEN OF YOUR LIFE

Geri Larkin
Harper One / HarperCollins

In the tradition of Rick Field’s inspirational bestseller, *Chop Wood, Carry Water* comes Geri Larkin’s *Plant Seed, Pull Weed* which takes the reader through the steps of planning, planting, nurturing and maintaining a garden while offering funny stories and inspiring lessons on what plants can teach us about our lives. A sort of *Zen Chicken Soup for the Soul*, this book will entertain, charm and inspire the readers to get their hands dirty and get back in touch with themselves.

MEMOIR / PERSONAL JOURNEY

THIN PLACES: A PILGRIMAGE HOME

Ann Ambrecht
Columbia University Press

Thin Places is an eloquent meditation on what it means to move between cultures and how one might finally come home, a particular paradox in a culture that lacks deep ties to the natural world.

PERSONAL GROWTH / PSYCHOLOGY

STUCK

Anneli Rufus
Tarcher / Penguin

Blending personal anecdote, interviews, and cultural criticism, *Stuck* is a wise and passionate exploration of the dreams we hold dearest for ourselves—and the road to *actually* achieving them.

PARENTING / FAMILY

BUILDING EMOTIONAL INTELLIGENCE: TECHNIQUES TO CULTIVATE INNER STRENGTH IN CHILDREN

Linda Lantieri with Daniel Goleman
Sounds True

"Linda Lantieri and Dan Goleman form a dream team to help children discover and refine their deep inner capacities for well-being, calmness, relaxation, and emotional intelligence. Their program is a marvelous way for parents and their children to adventure together to build inner strengths and resiliency." --Jon Kabat-Zinn, Ph.D

PERSONAL GROWTH / PSYCHOLOGY

WHEN YOU'RE FALLING, DIVE!

Mark Matousek
Bloomsbury

Is there an art to survival? Mark Matousek combines decades of personal experience with recent scientific breakthroughs and lessons from master survivors, noted thinkers, and spiritual teachers, creating a guidebook for navigating life's ever-changing, challenging terrain.

HOME SCHOOLING

Gregory & Martine Millman
Tarcher/Penguin

This intimate, eminently practical memoir of a successful home-school family of six children addresses every question about whether this maverick method in education is right for you and your kids, and how it works from cradle to college.

POETRY

LEADING FROM WITHIN

Sam M. Intrator & Megan Scribner, eds
Jossey-Bass

Leading from Within is a wonderful collection of poems from well-loved poets, each of which is accompanied by a brief personal commentary from a leader explaining the significance and meaning of the poem in their life and work. The contributors represent a wide range of professions including many leaders from business, medicine, education, nonprofits, law, politics and government, and religion.

SOCIAL CHANGE / ACTIVISM / PEACEFUL SOLUTIONS

THE POWER OF GIVING

Azim Jamal & Harvey McKinnon
Tarcher / Penguin

This accessible, down-to-earth book helps us discover that the more we give, the more we have. Beyond just giving money, this book helps each reader discover the unique gifts they have to give—kindness, ideas, advice, attention, hope, and more—and the many ways we benefit from giving them—from better health to better job prospects.

RELIGION

SPIRITUAL LIBERATION: FULLFILLING YOUR SOUL'S POTENTIAL

Michael Bernard Beckwith
Beyond Words / Simon & Schuster

Michael Bernard Beckwith, the dynamic spiritual leader who touched millions in bestselling book and DVD, **The Secret**, is now sharing his transforming central message and his powerfully accessible means for embodying that message in daily life, a process he calls "spiritual liberation."

SPIRITUALITY

THE ART OF BEING

Dennis Merritt Jones
Tarcher / Penguin

In the tradition of *The Power of Kindness* (Piero Ferrucci), *The Art of Being* presents deep but simple teachings about living more mindfully that you can use in your everyday life, and pass on to those you care about.

YOGA / PILATES / BODYWORK

8 STEPS TO A PAIN-FREE BACK

Esther Gokhale, L.Ac. with Susan Adams

Pendo Press

This fresh approach to overcoming back pain advocates adopting the natural, healthy posture of people from traditional societies. Arguing that most of what our culture has taught us about posture is misguided—even unhealthy – it provides illustrated step-by-step instructions for making powerful changes in everyday positions and activities. No special equipment or exercise is required, and effects are often immediate.

CHILDREN'S PICTUREBOOK

ONE

Kathryn Otoshi

KO Kids Books

Blue is a quiet color. Red's a hothead who likes to pick on Blue. The other colors don't like what they see, but what can they do? When no one takes a stand, things get out of hand - until One comes along and shows all the colors how to stand up and count.

CHILDREN'S NON-FICTION – ELEMENTARY

WANGARI'S TREES OF PEACE: A TRUE STORY FROM AFRICA

Jeanette Winter

Harcourt Children's Books

This true story of Wangari Maathai, environmentalist and winner of the Nobel Peace Prize, is a shining example of how one woman's passion, vision, and determination inspired great change. As a girl growing up in Kenya, Wangari was surrounded by trees. But years later, she is shocked to see the forests being cut down. So Wangari decides to do something—and starts by planting nine seedlings in her own backyard. And as they grow, so do her plans....

CHILDREN'S ILLUSTRATED - ELEMENTARY

FREE TO BE – YOU AND ME

Marlo Thomas & Friends
Running Press Book Publishers

This landmark work is now in an updated and redesigned format for a new generation of young readers. While retaining all the classic works—by such talents as Shel Silverstein and Judy Blume—that parents will remember from their own childhood, Running Press commissioned a fresh new look and new artwork from some of today's greatest illustrators. The original commentary from Gloria Steinem and Kurt Vonnegut is now paired with contemporary appreciations from Gwyneth Paltrow and Drew Barrymore, who were raised on the book, and Ms. Thomas herself has contributed a new foreword.

FICTION - TEENAGE

THE LAND OF CURIOSITIES: ADVENTURES IN YELLOWSTONE 1871 - 1872

Deanna Neil
The Ecoseekers

An award-winning historical fiction adventure story about the creation of the world's first national park. Includes a real history section with facts and photos!

Time Magazine for Kids named the author a 2008 "Hero for the Planet."

"A great achievement." – Robert F. Kennedy, Jr.