

Award Winners 2022

	~ NAUTILUS BOOK AWARDS ~ 2022 AWARD WINNERS by Category			note: Award Winners are listed for each category in Alpha order by Author Lastname
rev. 5-12-22	BOOK TITLE / Subtitle	Author FirstName	Author LastName, & Co-author	Publisher
01,	AGING CONSCIOUSLY			
GOLD	The Inner Work of Age	Connie	Zweig	Inner Traditions
SILVER	Not Done Yet! How Women Over 50 Regain Their Confidence and Reclaim Their Workplace Power	Bonnie	Marcus	Page Two Books
SILVER	Love After 50	Francine	Russo	Simon & Schuster
SILVER	Put Your Money Where Your Heart Is	Sue	Stevens	Frog Hollow Press
SILVER	Twenty Pieces: A Walk through Love, Loss and Midlife Reinvention	Lisa	Weldon	Braugher Books
SILVER	The Science & Technology of Growing Young	Sergey	Young	BenBella Books
02,	ANIMALS & NATURE			
GOLD	ROOTED: Life at the Crossroads of Science, Nature, and Spirit	Lyanda Lynn	Haupt	Little, Brown Spark
**	GRAND WINNER - ROOTED: Life at the Crossroads			
GOLD	Fox & I : An Uncommon Friendship	Catherine	Raven	Spiegel & Grau
SILVER	Orca: Shared Waters, Shared Home	Lynda V.	Mapes	Braided River / Mountaineers Books
SILVER	MIGRATION: Exploring the Remarkable Journeys of Birds	Melissa	Mayntz; & Katy Christianson, Illust'r.	Quadrille / Hardie Grant
SILVER	Enter the Animal: Cross-Species Perspectives on Grief and Spirituality	Teya Brooks	Pribac	Sydney University Press
SILVER	The Chimpanzee Chronicles: Stories of Heartbreak and Hope from Behind the Bars	Debra	Rosenman	Wild Soul Press
SILVER	The Heartbeat of Trees: Embracing Our Ancient Bond with Forests and Nature	Peter	Wohlleben	Greystone Books
03,	BODY ~MIND ~SPIRIT PRACTICES			
GOLD	The Infinite Staircase	Geoffrey A.	Moore	BenBella Books
GOLD	INNER ALCHEMY: the Path of Mastery	Zulma	Reyo	LightEn Publishing
SILVER	Power of Energy Medicine: Your Natural Prescription for Resilient Health	Hilary	Crowley	Skyhorse Publishing
SILVER	Healing Ourselves: Biofield Science and the Future of Health	Shamini	Jain PhD	Sounds True
SILVER	Water Up, Fire Down: An Energy Principle for Creating Calmness, Clarity, and a Lifetime of Health	Ilchi	Lee	Best Life Media
04A	BUSINESS & LEADERSHIP / Small Press & Self-Publish			
GOLD	The Greater Good: Social Entrepreneurship for Everyday People Who Want to Change the World	Madeleine	Shaw	Wonderwell
SILVER	Frameshifting: Unleashing the Power of Frameworks to Fuel Collaboration and Solve Tough Problems	Alison	Heiser, & Mary O'Connor Shaw	Route 10 Press
SILVER	Your Next Big Idea: Improve Your Creativity and Problem-Solving	Samuel	Sanders; & David Miles, Illustrator	Heard Publishing
SILVER	Leading in a Social World: Stop social media marketing and build social capital instead	R. Aaron	Templer; & Sonja Calhoun	Templer Tantrums LLC
04B	BUSINESS & LEADERSHIP / Large Publisher			

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GOLD	Boundless Leadership: The Breakthrough Method to Realize Your Vision, Empower Others & Ignite Positive Change	Joe	Loizzo; & Elazar Aslan	Shambhala Publications
GOLD	Mission Economy: A Moonshot Guide to Changing Capitalism	Mariana	Mazzucato	Harper Business
SILVER	Anxiety at Work: 8 Strategies to Help Teams Build Resilience	Adrian	Gostick, & Chester Elton	Harper Business
SILVER	Redefining Rich	Shannon	Hayes	BenBella Books
SILVER	Lead. Care. Win: How to Become a Leader Who Matters	Dan	Pontefract	Figure 1 Publishing
SILVER	The Full Body Yes: Change Your Work and Your World from the Inside Out	Scott	Shute	Page Two Books
SILVER	Mindfulness without the Bells & Beads: Unlocking Exceptional Performance, Leadership, and Well-being for Working Professionals	Clif	Smith	Wiley
05,	CREATIVITY & INNOVATION			
GOLD	Purposeful Memoir as a Quest for a Thriving Future: Inspiration for Writers & Seekers	Jennifer	Browdy PhD	Green Fire Press
GOLD	Mystical Stitches	Christi	Johnson	Storey Publishing
SILVER	Wide Open Writing: Embrace Your Creative Genius	Nancy	Coleman	WOW Rising / Minerva Rising Press
SILVER	Will Write for Food: Pursue Your Passion and Bring Home the Dough Writing Recipes	Dianne	Jacob	Hachette Go
SILVER	Syncreate: A Guide to Navigating the Creative Process for Individuals, Teams, and Communities	Melinda	Rothouse, & Charlotte Gullick; Dreux Carpenter, Illust'r.	Mandorla Books
06,	ECOLOGY & ENVIRONMENT			
GOLD	Thicker Than Water: Quest for Solutions to the Plastic Crisis	Erica	Cirino	Island Press
GOLD	KINSHIP: Belonging in a World of Relations (5 vol. set)	Gavin	Van Horn, Robin Wall Kimmerer, & John Hausdoerffer, editors	Center for Humans and Nature
**	SPECIAL HONORS AS BEST ANTHOLOGY: KINSHIP			
SILVER	Wetlands in a Dry Land: More-Than-Human Histories of Australia's Murray-Darling Basin	Emily	O'Gorman	Univ. of Washington Press
SILVER	Back to Earth: What Life in Space Taught Me About Our Home Planet - and Our Mission	Astronaut Nicole	Stott	Hachette Book Group
SILVER	Homewaters: A Human and Natural History of Puget Sound	David B.	Williams	Univ. of Washington Press
SILVER	100 Plants to Feed the Monarch	—	Xerces Society, OR	Storey Publishing
07A	FICTION / Self-Pub, Small Press			
GOLD	Little Hours	Lil	Copan	One Bird Books
GOLD	My Good Son	Yang	Huang	Univ. New Orleans Press
SILVER	Shoal Water	Kip Robinson	Greenthal	Homebound Publications
SILVER	A Girl Called Rumi	Ari	Honarvar	Forest Ave Press
SILVER	Hello, Rest of My Life	Rick	Lenz	Chromodroid Press
SILVER	Jaguar Paloma & the Caketown Bar	Jess	Wells	Mirador Publishing
07B	FICTION / Large Publisher			

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GOLD	Once There Were Wolves	Charlotte	McConaghy	Macmillan / Flatiron Books
GOLD	Give My Love to the Savages	Chris	Stuck	Amistad / HarperCollins
SILVER	Sugar Birds: a novel	Cheryl Grey	Bostrom	She Writes Press
SILVER	everyman: a novel	M Shelly	Conner	Blackstone Publishing
SILVER	The Sacrifice Zone	Roger	Gottlieb	Atmosphere Press
SILVER	The Sound Between the Notes	Barbara Linn	Probst	She Writes Press
SILVER	To Be Enlightened: a novel	Alan J.	Steinberg	Adelaide Books
08,	FOOD, COOKING, & HEALTHY EATING			
GOLD	Why We Cook: Women on Food, Identity, and Connection	Lindsay	Gardner	Workman Publishing
GOLD	Spicebox Kitchen: Eat Well & Be Healthy with Globally Inspired, Vegetable-Forward Recipes	Linda	Shiue MD, Chef; Foreword by Bryant Terry	Hachette Go
SILVER	Fantastic Fungi: Community Cookbook	Eugenia	Bone, editor	Insight Editions
SILVER	#eatmeatless	Dr. Jane	Goodall	Weldon Owen
SILVER	The Moon Cycle Cookbook	Devon	Loftus, & Jenna Radomski	Storey Publishing
SILVER	Homebrewed Vinegar: How to Ferment 60 Delicious Varieties	Kirsten K.	Shockey	Storey Publishing
SILVER	Soup Club: 80 Cozy Recipes for Creative, Plant-Based Soups and Stews to Share	Caroline	Wright; and Willow Heath	Andrews McMeel Publishing
09,	GIFT & SPECIALTY			
GOLD	Happiness is an Imaginary Line in the Sand	Thomas Lloyd	Qualls	Homebound Publications
**	SPECIAL HONORS AS BEST OF SMALL PRESS: Happiness is an Imaginary Line in the Sand			
GOLD	The Power of Crystal Healing	Uma	Silbey	Mandala Publishing / Insight Editions
SILVER	How Dreams Speak: An Interactive Journey Into Your Subconscious	Nicole	Chilton	Workman Publishing
SILVER	Goddess on Earth Oracle: A Divination Deck and Guidebook	Lisa	Levart	Goddess on Earth
SILVER	Healing Trees: Pocket Guide to Forest Bathing	Ben	Page	Mandala Publishing / Insight Editions
SILVER	Tarotpy: It's All in the Cards	Lauren Z.	Schneider MFT	New Insights Press
SILVER	Maia Toll's Wild Wisdom Companion: Season by Season	Maia	Toll; & Kate O'Hara, Illustrator	Storey Publishing
10	GREEN/RESTORATIVE/SUSTAINABLE PRACTICES			
GOLD	SAVING US: A Climate Scientist's Case for Hope and Healing in a Divided World	Katharine	Hayhoe	One Signal Publishers
GOLD	Resetting the Table: Straight Talk About the Food We Grow and Eat	Robert	Paarlberg	Alfred A. Knopf
SILVER	Planting a Seed: Three Simple Steps to Sustainable Living	Kate	Gaertner	Page Two Books
SILVER	The Earth Cries Out: How Faith Communities Meet the Challenges of Sustainability	Gary	Gardner	Orbis Books

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SILVER	Electrify: An Optimist's Playbook for Our Clean Energy Future	Saul	Griffith	The MIT Press
SILVER	Winning the Green New Deal: Why We Must, How We Can	Varshini	Prakash, & Guido Girgenti	Simon & Schuster
SILVER	Plastic Free: The Inspiring Story of a Global Environmental Movement	Rebecca	Prince-Ruiz, & Joanna Atherfold Finn	Columbia Univ. Press; and NewSouth Publishing
SILVER	After Cooling: On Freon, Global Warming, and the Terrible Cost of Comfort	Eric Dean	Wilson	Simon & Schuster
11 DEATH & DYING / GRIEF & LOSS				
GOLD	Heartwood: The Art of Living with the End in Mind	Barbara	Becker	Macmillian Publishers / Flatiron Press
SILVER	Widow's Moon: Healing, Hope & Self-Discovery through Grief and Loss	Cara Hope	Clark	Self-publish with consultant Geoff Affleck
SILVER	Overcoming Deepest Grief: A Woman's Journey	Mary Aviyah	Farkas	Self-publish with Ronni Saulo Literary
SILVER	A Soul Lives On: A Mother's Memoir of Grief, Astrology, and the Afterlife	Reba	Ferguson	Libra Moon Press
SILVER	Forget Prayers, Bring Cake: A single woman's guide to grieving	Merissa N.	Gerson	Mandala Publishing / Insight Editions
SILVER	Living Grieving: Using Energy Medicine to Alchemize Grief and Loss	Karen V.	Johnson	Hay House
12 HEALTH, HEALING & WELLNESS				
GOLD	Energetic Herbalism	Kat	Maier	Chelsea Green Publishing
GOLD	The Way of Miracles: Accessing Your Superconsciousness	Mark D.	Mincolla PhD	Beyond Words Publishing
SILVER	This Day in Recovery: 365 Meditations	Lane-Mairead	Campbell, & Katie Kandarian-Morris	Skinner House Books
SILVER	Pain Erasers: Complete Natural Medicine Guide	Michelle Schoffro	Cook	BenBella Books
SILVER	What Fresh Hell is This? Perimenopause, Menopause, Other Indignities, and You	Heather	Corinna	Hachette Go
SILVER	Above the Din: Diary of the HepC Wonder Drugs	Labar	Laskie	HenschelHAUS Publishing
SILVER	Forgetting: The Benefits of Not Remembering	Scott	Small	Crown Publishing
13 HEROIC JOURNEYS				
GOLD	From Shadows to Life: A Biography of the Cancer Survivorship Movement	Judith L.	Pearson	Lincoln Square Books
SILVER	Where You Are is Not <i>Who</i> You Are	Ursula M.	Burns	Amistad / HarperCollins
SILVER	Travel Bravely: A Family's Journey through Sickle Cell Disease	Adejoke Lolade	Ejiofor	Wise Ink Creative Publishing
SILVER	Two Pieces of Cloth: One Family's Story of the Holocaust	Joe	Gold	Page Two Books
SILVER	The Bark of the Cony: Not If, but How -a philosophy of Life	George Nash	Smith & Sons	Self Published
SILVER	Small Miracles: The Inspiring Kids of Variety Village	Mike	Strobel	North Channel Press
14 INNER PROSPERITY & RIGHT LIVELIHOOD				
GOLD	Tickled: A Commonsense Guide to the Present Moment	Duff	McDonald	Harper Business
GOLD	Sit Down to Rise Up	Shelly	Tygielski	New World Library

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SILVER	The Necktie and the Jaguar: A memoir to help you change your story and find fulfillment	Carl	Greer	Chiron
SILVER	Love Will Lead Us Home: Your Guide for the Journey	Rick	Nichols	The Crane's Nest
SILVER	Real Change: Mindfulness to Heal Ourselves and the World	Sharon	Salzberg	Macmillan / Flatiron Books
15	JOURNALISM & INVESTIGATIVE REPORTING			
GOLD	Arriving Today: From Factory to Front Door - Why Everything Has Changed About How and What We Buy	Christopher	Mims	Harper Business
GOLD	Undoing Drugs: The Untold Story of Harm Reduction and the Future of Addiction	Maia	Szalavitz	Hachette Go
SILVER	Last Train to Auschwitz: French National Railways and the Journey to Accountability	Sarah	Federman	Univ. Wisconsin Press
SILVER	The Kissing Bug: A True Story of a Family, an Insect, & a Nation's Neglect of a Deadly Disease	Daisy	Hernández	Tin House
SILVER	Nothing is Too Big to Fail: How the Last Financial Crisis Informs Today	Kerry	Killinger, & Linda Killinger	Rosetta Books
SILVER	Mutiny of Rage: The 1917 Camp Logan Riots and Buffalo Soldiers in Houston	Jaime	Salazar	Prometheus
16A	MEMOIR / Small Press, Self-Pub			
GOLD	Fox Light: Magic Hidden in Plain Sight	Susan Andra	Lion	Wild Vale Press
**	SPECIAL HONORS AS BEST OF SELF-PUBLISHED: Fox Light: Magic Hidden in Plain Sight			
GOLD	What Was Said to Me: The Life of Sti'tum'atul'wut, a Cowichan Woman	Ruby	Peter, with Helene Demers	Royal BC Museum
SILVER	Hillbilly Queer: a memoir	J.R.	Jamison	The Facing Project Press
SILVER	Stubborn Grace: Faith, Mental Illness, and Demanding a Blessing	Kate	Landis	Skinner House Books
SILVER	Desert Chrome: Water, a Woman, and Wild Horses in the West	Kathryn	Wilder	Torrey House Press
SILVER	Brain Dance: My Journey with Invisible Illness, Second Chances, & the Wonders of Applied Neuroscience	Diane Grimard	Wilson	MindStir Media
16B	MEMOIR / Large Publisher			
GOLD	World as Family: A Journey of Multi-Rooted Belongings	Vishakha D.	Desai	Columbia Univ. Press
GOLD	My Remarkable Journey	Katherine	Johnson, with Joylette Hylick & Katherine Moore	Amistad / HarperCollins
SILVER	Living and Loving in the Age of AIDS	Derek	Frost	Watkins Publishing
SILVER	The Woman Who Raised the Buddha: The extraordinary life of Mahaprajapati	Wendy	Garling	Shambhala Publications
SILVER	These Walls Between Us: A Memoir of Friendship Across Race and Class	Wendy	Sanford	She Writes Press
SILVER	Hollywood to the Himalayas	Sadhvi Bhagawati	Saraswati	Mandala Publishing
SILVER	Just As I Am	Cicely	Tyson	Amistad / HarperCollins
SILVER	Guardians of the Trees: A Journey of Hope Through Healing the Planet	Kinari	Webb	Macmillan Publishers / Flatiron Books
17	MULTICULTURAL & INDIGENOUS			

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GOLD	Praying to the West: How Muslims Shaped the Americas	Omar	Mouallem	Simon & Schuster Canada
GOLD	The Last Nomad: Coming of Age in the Somali Desert	Shugri Said	Salh	Algonquin Books
SILVER	Beyond Diversity	Rohit	Bhargava, & Jennifer Brown	IdeaPress Publishing
SILVER	The Heartbeat of Iran: Real Voices of a Country and Its People	Tara	Kangarlou	Ig Publishing
SILVER	Terraform: Building a Better World	—	Propaganda	HarperOne /HarperCollins
SILVER	The Bumbling Traveller: Sketching the World	Tom	Schmidt	Kakibubu Media Ltd.
18	PARENTING & FAMILY			
GOLD	Prizeworthy: How to Meaningfully Connect, Build Character, and Unlock the Potential of Every Child	Mitch	Abblett PhD	Shambhala Publications
GOLD	I Wish I'd Known: Young People, Drugs and Decisions	Fiona	Spargo-Mabbs	Sheldon Press
SILVER	Growing Your Family: Learn How to Flourish and Thrive as a Military Family	Pearl Gifty	Alimo	Koehler Books
SILVER	The DAD Connection: A Bridge to Your Children	Scott	Hanley	Floating Heart Press
SILVER	Motherhood: Facing and Finding Yourself	Lisa	Marchiano	Sounds True
SILVER	Raising Resilient Kids: 8 principles for bringing up healthy, happy, successful children who can overcome obstacles and thrive despite adversity	Rhonda	Spencer-Hwang	Tyndale
SILVER	Becoming Us: The Couple's Guide to Parenthood	Elly	Taylor	Three Turtles Press
19A	PERSONAL GROWTH / Self-Pub, Small Press			
GOLD	Awaken to Your True Self: Why You're Still Stuck and How to Break Through	Andrew	Daniel	MetaHeal
GOLD	Breakthrough: How to Overcome Doubt, Fear, and Resistance to Be Your Ultimate Creative Self	Todd	Mitchell	Owl Hollow
SILVER	Gay the Pray Away: Healing Your Life, Love, and Relationships	Erika	Allison	Self-Published
SILVER	Reflections on Being Your True Self in Any Situation	Cheryl Lafferty	Eckl	Flying Crane Press
SILVER	A NEW NOW: Your Guide to Mastering Wisdom Daily, Achieving Equilibrium, & Empowering Your Nobler Self	Michael	Goddart	Clear Path Press
SILVER	Still on Fire: Field Notes from a Queer Mystic	Jan'	Phillips	Unity Books
SILVER	The Quest of Rose: Cosmic Keys of Our Future Becoming	Dr. Anneloes	Smitsman, & Dr. Jean Houston	Oxygen Publishing
19B	PERSONAL GROWTH / Large Publisher			
GOLD	Shifting Shorelines: Messages from a Wiser Self	Terry	Helwig	Viva Editions
GOLD	Your Time to Thrive: End Burnout, Increase Well-being, and Unlock Your Full Potential	Marina	Khidekel, & editors of Thrive Global	Hachette Go
SILVER	The Hidden Power of Emotions: How to Activate Your Energy Field and Transform Your Life	Melanie	Dean PhD	Hay House
SILVER	Permission to Dream	Chris	Gardner	Amistad / HarperCollins
SILVER	I AM HERE: The Journey from Fear to Freedom	Ashley	LeMieux	HarperOne /HarperCollins
SILVER	IN/ACTION: Rethinking the Path to Results	Jinny	Uppal	New Degree Press
20	PSYCHOLOGY			
GOLD	Gender Trauma: Healing Cultural, Social, & Historical Gendered Trauma	Alex	Iantaffi, PhD LMFT	Jessica Kingsley Publishers

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GOLD	Nobody Knows the Trouble I've Seen	Inger	Burnett-Zeigler	Amistad / HarperCollins
SILVER	From Survive to Thrive: Living Your Best Life with Mental Illness	Margaret S.	Chisolm MD, with John Hanc; & Natasha Chugh, Illustrator	Johns Hopkins Univ. Press
SILVER	Calm Within the Storm: A Pathway to Everyday Resiliency	Dr. Robyne	Hanley-Dafoe	Page Two Books
SILVER	NOISE: A Flaw in Human Judgment	Daniel	Kahneman; Olivier Sibony, & Cass R. Sunstein	Little, Brown Spark
SILVER	Soul Therapy: The Art and Craft of Caring Conversations	Thomas	Moore	HarperOne /HarperCollins
21	PHOTOGRAPHY & ART			
GOLD	KURA: Prophetic Messenger	Richard	Bresnahan	Kura Book Publishing LLC
GOLD	Night on Earth: Photography by Art Wolfe	Art	Wolfe	Earth Aware Editions
SILVER	The Art of Discovering Whales	Larry	Foster	Whales Only Press
SILVER	A Life in Focus: The Photography of Graham Nash	Graham	Nash	Insight Editions
SILVER	Remember	Roger	Raepple	Self
SILVER	Our National Monuments: America's Hidden Gems	QT	Luong, Sally Jewell, & Ian Shive	Terra Galleria Press
22A	POETRY			
GOLD	about: blank	Tracy	Fuad	Univ. Pittsburgh Press / Pitt Poetry Series
GOLD	Call Us What We Carry: Poems	Amanda	Gorman	Penguin Random House / Viking Books
SILVER	Whispers of the Soul: New and Selected Poems	Patricia	Greer	Chiron Publications
SILVER	Ordinary Psalms	Julia B.	Levine	LSU Press / LA State Univ.
SILVER	No, Love Is Not Dead	Chris	McCabe, editor	Chambers
SILVER	I Am the Rage	Dr. Martina	McGowan	Sourcebooks
SILVER	To All the Magic in Me	Pavita	Singh MPH; & Mary K. Biswas, Illustrator	Publish Your Gift
22B	LYRIC PROSE			
GOLD	But She Still Flies: Poems and Paintings	Jenny Noble	Anderson, & Emma Greenhill	Bird and Branch Press
GOLD	Paper Concert: A Conversation in the Round	Amy	Wright	Sarabande Books
SILVER	The Accidental Reef and Other Ecological Odysseys in the Great Lakes	Lynne	Heasley; & Glenn Wolff, Illustrator	Michigan State Univ. Press
SILVER	When We Talk of Stolen Sisters	Jessica	Mehta	Not a Pipe
SILVER	Call Me Athena: Girl From Detroit	Colby Cedar	Smith	Andrews McMeel Publishing
23	RELATIONSHIPS & COMMUNICATION			
GOLD	Friendshipping: The Art of Finding Friends, Being Friends, and Keeping Friends	Trin	Garritano, & Jenn Bane	Workman Publishing
SILVER	HUDDLE: How Women Unlock Their Collective Power	Brooke	Baldwin	Harper Business
SILVER	How to Communicate Effectively with Anyone, Anywhere	Raul	Sanchez, & Dan Bullock; Rod Sanchez, Illustrator	Red Wheel / Weiser

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SILVER	Untangling You: How can I be grateful when I feel so resentful?	Kerry	Howells		Major Street Publishing
SILVER	Invitation to Intimacy: What the Marriage of two Couples-Therapists Reveals about Risk, Transformation and the Astonishing Healing Power of Intimacy	Judy	Tiesel-Jensen		Et Alia Press
24A	RELIGION-SPIRITUALITY / Eastern Traditions				
GOLD	Destroyer of Sorrow: Illustrated Series based on the Ramayana	Vrinda	Sheth		Mandala Publishing
GOLD	The Garden of Flowers and Weeds: New translation and commentary on the Blue Cliff Record	Matthew Juksan	Sullivan		Monkfish Book Publishing
SILVER	Adventure in Zanskar	Amy	Edelstein		Emergence Education Press
SILVER	Mindfulness: Walking with Jesus and Buddha	Sister Annabel	Laity		Orbis Books
SILVER	Words of Wisdom	—	Ram Dass		Mandala Publishing
24B	RELIGION-SPIRITUALITY / Western Traditions				
GOLD	Sacred Earth, Sacred Soul	John Philip	Newell		HarperOne /HarperCollins
GOLD	The Hours of the Universe: Reflections on God, Science, and the Human Journey	Ilia	Delio, OSF		Orbis Books
SILVER	A Pilgrimage of Paradoxes: A Backpacker's Encounters with God and Nature	Mark	Clavier		Bloomsbury Publishers
SILVER	Not So Black and White: An Invitation to Honest Conversation about Race and Faith	Reggie	Dabbs, & John Driver		Zondervan
SILVER	Saint Hildegard: Ancient Insights for Modern Seekers	Susan	Garthwaite		She Writes Press
SILVER	Wholehearted Faith	Rachel Held	Evans, with Jeff Chu		HarperOne /HarperCollins
SILVER	The Divine Heart: Seven Ways to Live in God's Love	Colette	Lafia		Monkfish Book Publishing
SILVER	The Mystery Tradition of Miraculous Conception: Mary and the Lineage of Virgin Births	Marguerite Mary	Rigoglioso PhD		Inner Traditions
24C	RELIGION-SPIRITUALITY / Other Traditions				
GOLD	Becoming Medicine: Pathways of Initiation into a Living Spirituality	David R.	Kopacz MD, & Joseph Rael (Beautiful Painted Arrow)		Condor and Eagle Press
SILVER	Divine Sparks: Interfaith Wisdom for a Postmodern World	Starr Regan	DiCiurcio		DartFrog Plus
SILVER	Artist Shaman Healer Sage	Katherine	Skaggs, author & illustrator		Satiama Publishing
SILVER	Symbol and Synchronicity: Learning the Soul's Language in Dreams and Waking Life	Julie	Loar		Satiama Publishing
SILVER	Fat Moons and Hunger Moons: Turn of the Seasons for Northwoods Natives	Tamarack	Song, & Moses (Amik) Beaver		Snow Wolf Publishing
25	SCIENCE & COSMOLOGY				
GOLD	Of Sound Mind: How Our Brain Constructs a Meaningful Sonic World	Nina	Kraus		The MIT Press
GOLD	How to Talk to a Science Denier: Conversations with Flat Earthers, Climate Deniers, and others	Lee	McIntyre		The MIT Press
SILVER	The Web of Meaning: Integrating Science and Traditional Wisdom to Find Our Place in the Universe	Jeremy	Lent		New Society Publisher
SILVER	Brain Fever: How Vaccines Prevent Meningitis and Other Killer Diseases	Richard	Moxon		World Scientific Publishing

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SILVER	Smarter Tomorrow: How 15 minutes of Neurohacking a Day can Help You	Elizabeth R.	Ricker	Little, Brown Spark
SILVER	The Science of Channeling	Helané	Wahbeh ND	New Harbinger Pub. / Reveal Press
26	SOCIAL SCIENCES & EDUCATION			
GOLD	Worldwise Learning: A Teacher's Guide to Shaping a Sustainable Future	Carla	Marschall, & Elizabeth O. Crawford	Corwin / SAGE
SILVER	The Power of US	Jay	Van Bavel, & Dominic J. Packer	Little, Brown Spark
SILVER	FLOW Learning, Opening Heart and Spirit through Nature	Joseph Bharat	Cornell	Crystal Clarity Publishers
SILVER	Minding Bodies: how physical space, sensation, and movement affect learning	Susan	Hrach	West Virginia Univ. Press
SILVER	Media Reform and the Climate Emergency: Rethinking Communication in the Struggle for a Sustainable Future	David J.	Park	Univ. Michigan Press
SILVER	Make Good the Promises	Kinshasha Holman	Conwill, and Paul Gardullo	Amistad / HarperCollins
27	SOCIAL CHANGE & SOCIAL JUSTICE			
GOLD	Wallet Activism	Tanja	Hester	BenBella Books
GOLD	The Wake Up: Closing the Gap Between Good Intentions and Real Change	Michelle Mijung	Kim	Hachette Go
SILVER	After You Vote: A Woman's Guide to Making an Impact	Courtney	Emerson	BenBella Books
SILVER	Broke in America: Seeing, Understanding, and Ending U.S. Poverty	Joanne Samuel	Goldblum, & Colleen Shaddox	BenBella Books
SILVER	Refusing Death: Immigrant Women and the Fight for Environmental Justice in LA	Nadia Y.	Kim	Stanford Univ. Press
SILVER	This Is the Fire	Don	Lemon	Little, Brown & Co.
SILVER	The End of Bias: A Beginning; The Science and Practice of Overcoming Unconscious Bias	Jessica	Nordell	Metropolitan Books / Henry Holt & Co.
28	WORLD CULTURES' GROWTH & DEVELOPMENT			
GOLD	Towards a Natural Social Contract: Transformative Social-Ecological Innovation for a Sustainable, Healthy & Just Society	Patrick	Huntjens	Springer
GOLD	The Web of Meaning: Integrating Science and Traditional Wisdom to Find Our Place in the Universe	Jeremy	Lent	New Society Publisher
SILVER	World as Family	Vishakha	Desai	Columbia Univ. Press
SILVER	Indigenomics: Taking a Seat at the Economic Table	Carol Anne	Hilton MBA	New Society Publisher
SILVER	The Finger of God: from the Lineage of David to the Presidency of the United States	Jesse L.	Jackson, Jr.	Archway Publishing
SILVER	I Miss the Rain in Africa: Peace Corps as a Third Act	Nancy Daniel	Wesson	Modern History Press
29	RISING TO THE MOMENT			
GOLD	Our Changing Menu: Climate Change and the Foods We Love and Need	Michael P.	Hoffmann, Carrie Koplinka-Loehr, Danielle Eiseman; & Lindsey Potoff, Illust'r.	Cornell Univ. Press
GOLD	Universal Human: Creating Authentic Power and the New Consciousness	Gary	Zukav	Atria Books
**	SPECIAL HONORS FOR EXCEPTIONAL CONTRIBUTION: Gary Zukav - Universal Human			

~ NAUTILUS BOOK AWARDS ~ 2022 AWARD WINNERS by Category				note: Award Winners are listed for each category in Alpha order by Author Lastname
SILVER	We Are Each Other's Harvest: Celebrating African American Farmers, Land, and Legacy	Natalie	Baszile	Amistad / HarperCollins
SILVER	Restart: Designing a Healthy Post-Pandemic Life	doreen	dodgen-magee	Rowman & Littlefield
SILVER	Lyrica's Journey of Ascension: A Nonverbal Autistic Finds Her Power, Peace, and Purpose	Lyrica	Marquez, & Gayle Lee	Miale LLC
SILVER	Worldwise Learning: A Teacher's guide to Shaping a Sustainable Future	Carla	Marschall, & Elizabeth Crawford	Corwin / SAGE
SILVER	Global Unitive Healing: Integral Skills for Personal and Collective Transformation	Elena	Mustakova	Light on Light Press & Sacred Stories Publishing
SILVER	Raising Resilient Kids: 8 principles for bringing up healthy, happy, successful children who can overcome obstacles and thrive despite adversity	Rhonda	Spencer-Hwang	Tyndale
30A	PICTURE BOOKS / Fiction			
GOLD	The Rescuer of Tiny Creatures	Curtis	Manley; & Lucy Ruth Cummins, Illust'r.	Roaring Brook Press
SILVER	The Jar Menagerie	Monica	Babich; & C.S. Fritz, Illust'r.	Self-Published
SILVER	Ping Meets Pang: A story of otherness, differences, and friendship	Mary Jane	Begin, author & Illust'r.	Wyatt-MacKenzie
SILVER	The Power of Gratitude: Unlocking Hidden Treasures	Ruth	Maille; & Pardeep Mehra, Illust'r.	Self-Published
SILVER	Wiggles, Stomps, & Squeezes Calm My Jitters Down: A picture book celebrating neurodiversity	Lindsey Rowe	Parker; & Rebecca Burgess, Illust'r.	BQB Publishing
SILVER	The Night the Monsters Came	Junia	Wonders; & Lisa Ciccone, Illust'r.	Gmuer Verlag
30B	PICTURE BOOKS / Non-Fiction			
GOLD	SEEDS	Carme	Lemniscates	Candlewick Studio
SILVER	Chi Chi the Rescue Dog: Never Give Up	Elizabeth	Howell; & Blayne Fox, Illust'r.	Brown Books Kids
SILVER	One Drop, Endless Ripples	Jayshree L.	Patel; & Alexandra McLellan, Illust'r.	Ripple Press
SILVER	Have You Ever Wondered What You Will Be?	Junia	Wonders; & Chiara Nasi, Illust'r.	Gmuer Verlag
31A	CHILDREN'S ILLUSTRATED / Fiction			
GOLD	Because You Are Here	Dr. Yasmin	Salleh; & Amanda Merrifield, Illust'r.	Kook Village Pty Ltd.
**	SPECIAL HONORS AS BEST OF CHILDREN'S BOOKS: Because You Are Here			
GOLD	Eala: Mother Swan / La Madre Cisne	Ayn Cates	Sullivan; & Paige Ozma Ashmore, Illust'r.	Infinite Light Publishing & Media
SILVER	I Love You, Fiorella, Flaws and All !	Cindy A.	Bell; & Emily House, Illust'r.	Suzy and Scout Publishing
SILVER	Little Mountain	Caryn	Hartman; & Lynsi Godwin, Illust'r.	Pema Publishing
SILVER	Desmond Gets Free	Matt	Meyer; & Khim Fam, Illust'r.	Skinner House Books
SILVER	Finding God in All I See, Finding God in You and Me	MaryEllen	Weber; & Kari Vick, Illust'r.	Beaver's Pond Press

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SILVER	Evie and the Bushfire	Becky	Westbrook; & Jet James, Illust'r.	Stormbird Press
31B	CHILDREN'S ILLUSTRATED / Non-Fiction			
GOLD	Monarch Butterflies	Ann	Hobbie, author & Illust'r.	Storey Publishing
GOLD	WATER: A Deep Dive of Discovery	Christy	Mihaly; & Mariona Cabassa, Illust'r.	Barefoot Books
SILVER	Sounds All Around: A Guide to Onomatopoeias Around the World	Dr. James	Chapman	Andrews McMeel Publishing
SILVER	Planet Power: Explore the World's Renewable Energy	Stacy P.	Clark; & Annalisa Beghelli, Illust'r.	Barefoot Books
SILVER	Under the Stars: Astrophysics for Everyone	Lisa	Harvey-Smith; & Mel Matthews, Illust'r.	World Scientific Publishing
SILVER	Who Needs a Forest Fire?	Paula	Henson; & Sue Todd, Emily Underwood, Illustrators	Terra Bella Books
32	MID-GRADES / Fiction			
GOLD	Everything Together: A Second Dad Wedding	Benjamin	Klas; & Fan Arroyo, Illust'r.	One Elm Books / Red Chair Press
GOLD	The S.O.U.R.C.E.	Suzanna L.	Royse; & Jo Gershman, Tara Larsen Chang, Illustrators	Fulton Books
SILVER	Barefoot Dreams of Petra Luna	Alda P.	Dobbs	Sourcebooks
SILVER	The Crown of Light: An Ancient Legend, A Lovestruck Heroine, A Journey for Peace	Rivera	Sun	Rising Sun Press Works
33	MID-GRADES / Non-Fiction			
GOLD	Hear My Voice / Escucha mi voz	Warren	Binford	Workman Publishing
GOLD	Earth's Incredible Oceans	Jess	French, & Claire McElfatrick	DK / division of Penguin Random House
GOLD	Rise Up: Ordinary Kids with Extraordinary Stories	Amanda	Li, and Amy Blackwell	Andrews McMeel Publishing
SILVER	Be the Dragon: 9 Keys to Unlocking Your Inner Magic	Catherine J.	Manning; & Melanie Demmer, Illust'r.	Workman Publishing
SILVER	The One and Only You! How to Be Your Best, Truest, You-est You	Nicole Jon	Sievers; Darcy Cline, Illust'r, Ruth Matinko-Wald, editor	Imaginal Discs Press
34	YOUNG ADULT / Fiction			
GOLD	Up All Night: 13 Stories between Sunset and Sunrise	Laura	Silverman, editor	Algonquin Young Readers
SILVER	Lincoln in Springfield	Jan'	Jacobi	Reedy Press
SILVER	The Dreamcatcher Codes	Barbara	Newman	Green Writers Press
SILVER	FEDOR [Historical Fiction]	Brant	Vickers	Atmosphere Press
35	YOUNG ADULT / Non-Fiction			
GOLD	EARTH Will Survive * But we may not	Katie	Coppens	Tumblehome, Inc.
GOLD	Diary of a Young Naturalist	Dara	McAnulty	Ebury Press
**	SPECIAL HONORS AS BEST OF MID-GRADE & YA: Diary of a Young Naturalist			

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SILVER	Bias is All Around You: A Handbook for Inspecting Social Media & News Stories	Erik	Bean; & Gail Gorske, Illust'r.	Healthy Mind Express
SILVER	Becoming Who You Are: Beautiful Painted Arrow's Life Lessons	Joseph	Real (Beautiful Painted Arrow)	Condor and Eagle Press
SILVER	The <i>Joy of Writing</i> Journal: Spark Your Creativity in 8 Minutes a Day	Lisa	Tener; design by Tamara Monosoff	Prosperity House Media
SILVER	You Don't Have to Be Everything: Poems for Girls Becoming Themselves	Diana	Whitney, editor	Workman Publishing
SILVER	100 Plants to Feed the Monarch	—	Xerces Society	Storey Publishing
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