

Winners Roster - May 2022

	<b>~ NAUTILUS BOOK AWARDS ~ 2022 AWARD WINNERS by Category</b>			note: Award Winners are listed for each category in Alpha order by Author Lastname
rev. 5-30-22	BOOK TITLE / Subtitle	Author FirstName	Author LastName, & Co-author or Illust'r.	Publisher
<b>01,</b>	<b>AGING CONSCIOUSLY</b>			
<b>GOLD</b>	<b>The Inner Work of Age</b>	<b>Connie</b>	<b>Zweig</b>	<b>Inner Traditions</b>
SILVER	Not Done Yet! How Women Over 50 Regain Their Confidence and Claim Their Workplace Power	Bonnie	Marcus	Page Two Books
SILVER	Love After 50	Francine	Russo	Simon & Schuster
SILVER	Put Your Money Where Your Heart Is	Sue	Stevens	Frog Hollow Press
SILVER	Twenty Pieces: A Walk through Love, Loss and Midlife Reinvention	Lisa	Weldon	Braugler Books
SILVER	The Science and Technology of Growing Young	Sergey	Young	BenBella Books
<b>02,</b>	<b>ANIMALS &amp; NATURE</b>			
<b>GOLD</b>	<b>ROOTED: Life at the Crossroads of Science, Nature, and Spirit</b>	<b>Lyanda Lynn</b>	<b>Haupt</b>	<b>Little, Brown Spark</b>
**	<b>GRAND WINNER: ROOTED –Life at the Crossroads</b>			
<b>GOLD</b>	<b>Fox &amp; I : An Uncommon Friendship</b>	<b>Catherine</b>	<b>Raven</b>	<b>Spiegel &amp; Grau</b>
SILVER	ORCA: Shared Waters, Shared Home	Lynda V.	Mapes	Braided River / Mountaineers Books
SILVER	MIGRATION: Exploring the Remarkable Journeys of Birds	Melissa	Mayntz; & Katy Christianson, Illust'r.	Quadrille / Hardie Grant
SILVER	Enter the Animal: Cross-Species Perspectives on Grief and Spirituality	Teya Brooks	Pribac	Sydney University Press
SILVER	The Chimpanzee Chronicles: Stories of Heartbreak and Hope from Behind the Bars	Debra	Rosenman	Wild Soul Press
SILVER	The Heartbeat of Trees: Embracing Our Ancient Bond with Forests and Nature	Peter	Wohlleben	Greystone Books
<b>03,</b>	<b>BODY ~MIND ~SPIRIT PRACTICES</b>			
<b>GOLD</b>	<b>The Infinite Staircase</b>	<b>Geoffrey A.</b>	<b>Moore</b>	<b>BenBella Books</b>
<b>GOLD</b>	<b>INNER ALCHEMY: the Path of Mastery</b>	<b>Zulma</b>	<b>Reyo</b>	<b>LightEn Publishing</b>
SILVER	Power of Energy Medicine: Your Natural Prescription for Resilient Health	Hilary	Crowley	Skyhorse Publishing
SILVER	Healing Ourselves: Biofield Science and the Future of Health	Shamini	Jain PhD	Sounds True
SILVER	Water Up Fire Down: An Energy Principle for Creating Calmness, Clarity, and a Lifetime of Health	Ilchi	Lee	Best Life Media
<b>04A</b>	<b>BUSINESS &amp; LEADERSHIP / Small Press &amp; Self-Publish</b>			

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GOLD	The Greater Good: Social Entrepreneurship for Everyday People Who Want to Change the World	Madeleine	Shaw	Wonderwell
SILVER	Frameshifting: Unleashing the Power of Frameworks to Fuel Collaboration and Solve Tough Problems	Alison	Heiser, & Mary O'Connor Shaw	Route 10 Press
SILVER	Your Next Big Idea: Improve Your Creativity and Problem-Solving	Samuel	Sanders; & David Miles, Illustrator	Heard Publishing
SILVER	Leading in a Social World: Stop social media marketing and build social capital instead	R. Aaron	Templer	Templer Tantrums LLC
04B	<b>BUSINESS &amp; LEADERSHIP / Large Publisher</b>			
GOLD	Boundless Leadership: The Breakthrough Method to Realize Your Vision, Empower Others & Ignite Positive Change	Joe	Loizzo; & Elazar Aslan	Shambhala Publications
GOLD	Mission Economy: A Moonshot Guide to Changing Capitalism	Mariana	Mazzucato	Harper Business
SILVER	Anxiety at Work: 8 Strategies to Help Teams Build Resilience	Adrian	Gostick, & Chester Elton	Harper Business
SILVER	Redefining RICH	Shannon	Hayes	BenBella Books
SILVER	Lead. Care. Win: How to Become a Leader Who Matters	Dan	Pontefract	Figure 1 Publishing
SILVER	The Full Body Yes: Change Your Work and Your World from the Inside Out	Scott	Shute	Page Two Books
SILVER	MINDFULNESS without the Bells and Beads: Unlocking Exceptional Performance, Leadership, and Well-being for Working Professionals	Clif	Smith	Wiley
05,	<b>CREATIVITY &amp; INNOVATION</b>			
GOLD	Purposeful Memoir as a Quest for a Thriving Future: Inspiration for Writers & Seekers	Jennifer	Browdy PhD	Green Fire Press
GOLD	Mystical Stitches	Christi	Johnson	Storey Publishing
SILVER	Wide Open Writing: Embrace Your Creative Genius	Nancy	Coleman	WOW Rising / Minerva Rising Press
SILVER	Will Write for Food: Pursue Your Passion and Bring Home the Dough Writing Recipes	Dianne	Jacob	Hachette Go
SILVER	Syncreate: A Guide to Navigating the Creative Process for Individuals, Teams, and Communities	Melinda	Rothouse, & Charlotte Gullick; Dreux Carpenter, Illust'r.	Mandorla Books
06,	<b>ECOLOGY &amp; ENVIRONMENT</b>			
GOLD	Thicker Than Water: Quest for Solutions to the Plastic Crisis	Erica	Cirino	Island Press
GOLD	KINSHIP: Belonging in a World of Relations (5 vol. set)	Gavin	Van Horn, Robin Wall Kimmerer, & John Hausdoerffer, editors	Center for Humans and Nature

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**	<b>SPECIAL HONORS AS BEST ANTHOLOGY: KINSHIP</b>			
SILVER	Wetlands in a Dry Land: More-Than-Human Histories of Australia's Murray-Darling Basin	Emily	O'Gorman	Univ. of Washington Press
SILVER	Back to Earth: What Life in Space Taught Me About Our Home Planet - and Our Mission	Astronaut Nicole	Stott	Hachette Book Group
SILVER	Homewaters: A Human and Natural History of Puget Sound	David B.	Williams	Univ. of Washington Press
SILVER	100 Plants to Feed the Monarch	—	Xerces Society, OR	Storey Publishing
<b>07A</b>	<b>FICTION / Self-Pub, Small Press</b>			
GOLD	Little Hours	Lil	Copan	One Bird Books
GOLD	My Good Son	Yang	Huang	Univ. New Orleans Press
SILVER	Shoal Water	Kip Robinson	Greenthal	Homebound Publications
SILVER	A Girl Called Rumi	Ari	Honarvar	Forest Ave Press
SILVER	Hello, Rest of My Life	Rick	Lenz	Chromodroid Press
SILVER	Jaguar Paloma and the Caketown Bar	Jess	Wells	Mirador Publishing
<b>07B</b>	<b>FICTION / Large Publisher</b>			
GOLD	Once There Were Wolves	Charlotte	McConaghy	Macmillan / Flatiron Books
GOLD	Give My Love to the Savages	Chris	Stuck	Amistad / HarperCollins
SILVER	Sugar Birds: a novel	Cheryl Grey	Bostrom	She Writes Press
SILVER	everyman: a novel	M Shelly	Conner	Blackstone Publishing
SILVER	The Sacrifice Zone	Roger S.	Gottlieb	Atmosphere Press
SILVER	The Sound Between the Notes	Barbara Linn	Probst	She Writes Press
SILVER	To Be Enlightened: a novel	Alan J.	Steinberg	Adelaide Books
<b>08,</b>	<b>FOOD, COOKING, &amp; HEALTHY EATING</b>			
GOLD	Why We Cook: Women on Food, Identity, and Connection	Lindsay	Gardner	Workman Publishing
GOLD	Spicebox Kitchen: Eat Well and Be Healthy with Globally Inspired, Vegetable-Forward Recipes	Linda	Shiue MD, Chef; Foreword by Bryant Terry	Hachette Go
SILVER	Fantastic Fungi: Community Cookbook	Eugenia	Bone, editor	Insight Editions
SILVER	#eatmeatless	Dr. Jane	Goodall	Weldon Owen
SILVER	The Moon Cycle Cookbook	Devon	Loftus, & Jenna Radomski	Storey Publishing
SILVER	Homebrewed Vinegar: How to Ferment 60 Delicious Varieties	Kirsten K.	Shockey	Storey Publishing
SILVER	Soup Club: 80 Cozy Recipes for Creative, Plant-Based Soups and Stews to Share	Caroline	Wright; and Willow Heath	Andrews McMeel Publishing
<b>09,</b>	<b>GIFT &amp; SPECIALTY</b>			

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GOLD	Happiness is an Imaginary Line in the Sand	Thomas Lloyd	Qualls	Homebound Publications
**	SPECIAL HONORS AS BEST OF SMALL PRESS: Happiness is an Imaginary Line in the Sand			
GOLD	The Power of Crystal Healing: A Complete Guide to Stone and Energy Work	Uma	Silbey	Mandala Publishing / Insight Editions
SILVER	How Dreams Speak: An Interactive Journey Into Your Subconscious	Nicole	Chilton	Workman Publishing
SILVER	Goddess on Earth Oracle: A Divination Deck and Guidebook	Lisa	Levart	Goddess on Earth
SILVER	Healing Trees: A Pocket Guide to Forest Bathing	Ben	Page	Mandala Publishing / Insight Editions
SILVER	Tarotpy: It's All in the Cards	Lauren Z.	Schneider MFT	New Insights Press
SILVER	Maia Toll's Wild Wisdom Companion: Season by Season	Maia	Toll; & Kate O'Hara, Illustrator	Storey Publishing
10	<b>GREEN/RESTORATIVE PRACTICES / SUSTAINABILITY</b>			
GOLD	SAVING US: A Climate Scientist's Case for Hope and Healing in a Divided World	Katharine	Hayhoe	One Signal Publishers
GOLD	Resetting the Table: Straight Talk About the Food We Grow and Eat	Robert	Paarlberg	Alfred A. Knopf
SILVER	Planting a Seed: Three Simple Steps to Sustainable Living	Kate	Gaertner	Page Two Books
SILVER	The Earth Cries Out: How Faith Communities Meet the Challenges of Sustainability	Gary	Gardner	Orbis Books
SILVER	ELECTRIFY: An Optimist's Playbook for Our Clean Energy Future	Saul	Griffith	The MIT Press
SILVER	WINNING the Green New Deal: Why We Must, How We Can	Varshini	Prakash, & Guido Girgenti	Simon & Schuster
SILVER	Plastic Free: The Inspiring Story of a Global Environmental Movement and Why It Matters	Rebecca	Prince-Ruiz, & Joanna Atherfold Finn	Columbia Univ. Press; and NewSouth Publishing
SILVER	AFTER COOLING: On Freon, Global Warming, and the Terrible Cost of Comfort	Eric Dean	Wilson	Simon & Schuster
11	<b>DEATH &amp; DYING / GRIEF &amp; LOSS</b>			
GOLD	Heartwood: The Art of Living with the End in Mind	Barbara	Becker	Macmillan Publishers / Flatiron Press
SILVER	Widow's Moon: Healing, Hope & Self-Discovery through Grief and Loss	Cara Hope	Clark	Self-publish with consultant Geoff Affleck
SILVER	Overcoming Deepest Grief: A Woman's Journey	Mary Aviyah	Farkas	Self-publish with Ronni Saulo Literary
SILVER	A Soul Lives On: A Mother's Memoir of Grief, Astrology, and the Afterlife	Reba	Ferguson	Libra Moon Press

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SILVER	Forget Prayers, Bring Cake: A single woman's guide to grieving	Merissa N.	Gerson	Mandala Publishing / Insight Editions
SILVER	Living Grieving: Using Energy Medicine to Alchemize Grief and Loss	Karen V.	Johnson	Hay House
12	<b>HEALTH, HEALING &amp; WELLNESS</b>			
GOLD	Energetic Herbalism	Kat	Maier	Chelsea Green Publishing
GOLD	The Way of Miracles: Accessing Your Superconsciousness	Mark D.	Mincolla PhD	Beyond Words Publishing
SILVER	This Day in Recovery: 365 Meditations	Lane-Maierad	Campbell, & Katie Kandarian-Morris, Eds.	Skinner House Books
SILVER	Pain Erasers: Complete Natural Medicine Guide to Safe, Drug-Free Relief	Michelle Schoffro	Cook PhD	BenBella Books
SILVER	What Fresh Hell is This? Perimenopause, Menopause, Other Indignities, and You	Heather	Corinna	Hachette Go
SILVER	Above the Din: Diary of the HepC Wonder Drugs	Labar	Laskie	HenschelHAUS Publishing
SILVER	Forgetting: The Benefits of Not Remembering	Scott	Small	Crown Publishing
13	<b>HEROIC JOURNEYS</b>			
GOLD	From Shadows to Life: A Biography of the Cancer Survivorship Movement	Judith L.	Pearson	Lincoln Square Books
SILVER	Where You Are is Not <i>Who</i> You Are	Ursula M.	Burns	Amistad / HarperCollins
SILVER	Travel Bravely: A Family's Journey through Sickle Cell Disease	Adejoke Lolade	Ejiofor	Wise Ink Creative Publishing
SILVER	Two Pieces of Cloth: One Family's Story of the Holocaust	Joe	Gold	Page Two Books
SILVER	The Bark of the Cony: Not If, but How - A Philosophy of Life	George Nash	Smith & Sons	Self Published
SILVER	Small Miracles: The Inspiring Kids of Variety Village	Mike	Strobel	North Channel Press
14	<b>INNER PROSPERITY &amp; RIGHT LIVELIHOOD</b>			
GOLD	Tickled: A Commonsense Guide to the Present Moment	Duff	McDonald	Harper Business
GOLD	Sit Down to Rise Up	Shelly	Tygielski	New World Library
SILVER	The Necktie and the Jaguar: A memoir to help you change your story and find fulfillment	Carl	Greer	Chiron
SILVER	Love Will Lead Us Home: Your Guide for the Journey	Rick	Nichols	The Crane's Nest
SILVER	Real Change: Mindfulness to Heal Ourselves and the World	Sharon	Salzberg	Macmillan / Flatiron Books
15	<b>JOURNALISM &amp; INVESTIGATIVE REPORTING</b>			

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<b>GOLD</b>	<b>Arriving Today: From Factory to Front Door - Why Everything Has Changed About How and What We Buy</b>	<b>Christopher</b>	<b>Mims</b>	<b>Harper Business</b>
<b>GOLD</b>	<b>Undoing Drugs: The Untold Story of Harm Reduction and the Future of Addiction</b>	<b>Maia</b>	<b>Szalavitz</b>	<b>Hachette Go</b>
<b>SILVER</b>	<b>Last Train to Auschwitz: French National Railways and the Journey to Accountability</b>	<b>Sarah</b>	<b>Federman</b>	<b>Univ. Wisconsin Press</b>
<b>SILVER</b>	<b>The Kissing Bug: A True Story of a Family, an Insect, &amp; a Nation's Neglect of a Deadly Disease</b>	<b>Daisy</b>	<b>Hernández</b>	<b>Tin House</b>
<b>SILVER</b>	<b>Nothing is Too Big to Fail: How the Last Financial Crisis Informs Today</b>	<b>Kerry</b>	<b>Killinger, &amp; Linda Killinger</b>	<b>Rosetta Books</b>
<b>SILVER</b>	<b>Mutiny of Rage: The 1917 Camp Logan Riots and Buffalo Soldiers in Houston</b>	<b>Jaime</b>	<b>Salazar</b>	<b>Prometheus</b>
<b>16A</b>	<b>MEMOIR / Small Press, Self-Pub</b>			
<b>GOLD</b>	<b>Fox Light: Magic Hidden in Plain Sight</b>	<b>Susan Andra</b>	<b>Lion</b>	<b>Wild Vale Press</b>
<b>**</b>	<b>SPECIAL HONORS AS BEST OF SELF-PUBLISHED: Fox Light: Magic Hidden in Plain Sight</b>			
<b>GOLD</b>	<b>What Was Said to Me: The Life of Sti'tum'atul'wut, a Cowichan Woman</b>	<b>Ruby</b>	<b>Peter, with Helene Demers</b>	<b>Royal BC Museum</b>
<b>SILVER</b>	<b>Hillbilly Queer: a memoir</b>	<b>J.R.</b>	<b>Jamison</b>	<b>The Facing Project Press</b>
<b>SILVER</b>	<b>Stubborn Grace: Faith, Mental Illness, and Demanding a Blessing</b>	<b>Kate</b>	<b>Landis</b>	<b>Skinner House Books</b>
<b>SILVER</b>	<b>Desert Chrome: Water, a Woman, and Wild Horses in the West</b>	<b>Kathryn</b>	<b>Wilder</b>	<b>Torrey House Press</b>
<b>SILVER</b>	<b>Brain Dance: My Journey with Invisible Illness, Second Chances, &amp; the Wonders of Applied Neuroscience</b>	<b>Diane Grimard</b>	<b>Wilson</b>	<b>MindStir Media</b>
<b>16B</b>	<b>MEMOIR / Large Publisher</b>			
<b>GOLD</b>	<b>World as Family: A Journey of Multi-Rooted Belongings</b>	<b>Vishakha</b>	<b>Desai</b>	<b>Columbia Univ. Press</b>
<b>GOLD</b>	<b>My Remarkable Journey</b>	<b>Katherine</b>	<b>Johnson, with Joylette Hylick &amp; Katherine Moore</b>	<b>Amistad / HarperCollins</b>
<b>SILVER</b>	<b>Living and Loving in the age of AIDS</b>	<b>Derek</b>	<b>Frost</b>	<b>Watkins Publishing</b>
<b>SILVER</b>	<b>The Woman Who Raised the Buddha: The extraordinary life of Mahaprajapati</b>	<b>Wendy</b>	<b>Garling</b>	<b>Shambhala Publications</b>
<b>SILVER</b>	<b>These Walls Between Us: A Memoir of Friendship Across Race and Class</b>	<b>Wendy</b>	<b>Sanford</b>	<b>She Writes Press</b>
<b>SILVER</b>	<b>Hollywood to the Himalayas</b>	<b>Sadhvi Bhagawati</b>	<b>Saraswati</b>	<b>Mandala Publishing</b>
<b>SILVER</b>	<b>Just As I Am</b>	<b>Cicely</b>	<b>Tyson</b>	<b>Amistad / HarperCollins</b>
<b>SILVER</b>	<b>Guardians of the Trees: A Journey of Hope Through Healing the Planet</b>	<b>Kinari</b>	<b>Webb</b>	<b>Macmillan Publishers / Flatiron Books</b>
<b>17</b>	<b>MULTICULTURAL &amp; INDIGENOUS</b>			

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<b>GOLD</b>	<b>Praying to the West: How Muslims Shaped the Americas</b>	<b>Omar</b>	<b>Mouallem</b>	<b>Simon &amp; Schuster Canada</b>
<b>GOLD</b>	<b>The Last Nomad: Coming of Age in the Somali Desert</b>	<b>Shugri Said</b>	<b>Salh</b>	<b>Algonquin Books</b>
<b>SILVER</b>	<b>Beyond Diversity</b>	<b>Rohit</b>	<b>Bhargava, &amp; Jennifer Brown</b>	<b>IdeaPress Publishing</b>
<b>SILVER</b>	<b>The Heartbeat of Iran: Real Voices of a Country and Its People</b>	<b>Tara</b>	<b>Kangarlou</b>	<b>Ig Publishing</b>
<b>SILVER</b>	<b>Terraform: Building a Better World</b>	<b>—</b>	<b>Propaganda</b>	<b>HarperOne /HarperCollins</b>
<b>SILVER</b>	<b>The Bumbling Traveller: Sketching the World</b>	<b>Tom</b>	<b>Schmidt</b>	<b>Kakibubu Media Ltd.</b>
<b>18</b>	<b>PARENTING &amp; FAMILY</b>			
<b>GOLD</b>	<b>Prizeworthy: How to Meaningfully Connect, Build Character, and Unlock the Potential of Every Child</b>	<b>Mitch</b>	<b>Abblett PhD</b>	<b>Shambhala Publications</b>
<b>GOLD</b>	<b>I Wish I'd Known: Young People, Drugs and Decisions</b>	<b>Fiona</b>	<b>Spargo-Mabbs</b>	<b>Sheldon Press</b>
<b>SILVER</b>	<b>Growing Your Family: Learn How to Flourish and Thrive as a Military Family</b>	<b>Pearl Gifty</b>	<b>Alimo</b>	<b>Koehler Books</b>
<b>SILVER</b>	<b>The DAD Connection: A Bridge to Your Children</b>	<b>Scott</b>	<b>Hanley</b>	<b>Floating Heart Press</b>
<b>SILVER</b>	<b>Motherhood: Facing and Finding Yourself</b>	<b>Lisa</b>	<b>Marchiano</b>	<b>Sounds True</b>
<b>SILVER</b>	<b>Raising Resilient Kids: 8 principles for bringing up healthy, happy, successful children who can overcome obstacles and thrive despite adversity</b>	<b>Rhonda</b>	<b>Spencer-Hwang</b>	<b>Tyndale</b>
<b>SILVER</b>	<b>Becoming Us: The Couple's Guide to Parenthood</b>	<b>Elly</b>	<b>Taylor</b>	<b>Three Turtles Press</b>
<b>19A</b>	<b>PERSONAL GROWTH / Self-Pub, Small Press</b>			
<b>GOLD</b>	<b>Awaken to Your True Self: Why You're Still Stuck and How to Break Through</b>	<b>Andrew</b>	<b>Daniel</b>	<b>MetaHeal</b>
<b>GOLD</b>	<b>Breakthrough: How to Overcome Doubt, Fear, and Resistance to Be Your Ultimate Creative Self</b>	<b>Todd</b>	<b>Mitchell</b>	<b>Owl Hollow</b>
<b>SILVER</b>	<b>Gay the Pray Away: Healing Your Life, Love, and Relationships</b>	<b>Erika</b>	<b>Allison</b>	<b>Self-Published</b>
<b>SILVER</b>	<b>Reflections on Being Your True Self in Any Situation</b>	<b>Cheryl Lafferty</b>	<b>Eckl</b>	<b>Flying Crane Press</b>
<b>SILVER</b>	<b>A NEW NOW: Your Guide to Mastering Wisdom Daily, Achieving Equilibrium, and Empowering Your Nobler Self</b>	<b>Michael</b>	<b>Goddart</b>	<b>Clear Path Press</b>
<b>SILVER</b>	<b>Still on Fire: Field Notes from a Queer Mystic</b>	<b>Jan'</b>	<b>Phillips</b>	<b>Unity Books</b>
<b>SILVER</b>	<b>The Quest of Rose: Cosmic Keys of Our Future Becoming</b>	<b>Dr. Anneloes</b>	<b>Smitsman, &amp; Dr. Jean Houston</b>	<b>Oxygen Publishing</b>



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<b>19B</b>	<b>PERSONAL GROWTH / Large Publisher</b>			
<b>GOLD</b>	<b>Shifting Shorelines: Messages from a Wiser Self</b>	<b>Terry</b>	<b>Helwig</b>	<b>Viva Editions</b>
<b>GOLD</b>	<b>Your Time to Thrive: End Burnout, Increase Well-being, and Unlock Your Full Potential</b>	<b>Marina</b>	<b>Khidekel, &amp; editors of Thrive Global</b>	<b>Hachette Go</b>
<b>SILVER</b>	<b>The Hidden Power of Emotions: How to Activate Your Energy Field and Transform Your Life</b>	<b>Melanie</b>	<b>Dean PhD</b>	<b>Hay House</b>
<b>SILVER</b>	<b>Permission to Dream</b>	<b>Chris</b>	<b>Gardner</b>	<b>Amistad / HarperCollins</b>
<b>SILVER</b>	<b>I AM HERE: The Journey from Fear to Freedom</b>	<b>Ashley</b>	<b>LeMieux</b>	<b>HarperOne /HarperCollins</b>
<b>SILVER</b>	<b>IN/ACTION: Rethinking the Path to Results</b>	<b>Jinny</b>	<b>Uppal</b>	<b>New Degree Press</b>
<b>20</b>	<b>PSYCHOLOGY</b>			
<b>GOLD</b>	<b>Gender Trauma: Healing Cultural, Social, and Historical Gendered Trauma</b>	<b>Alex</b>	<b>Iantaffi, PhD LMFT</b>	<b>Jessica Kingsley Publishers</b>
<b>GOLD</b>	<b>Nobody Knows the Trouble I've Seen: The Emotional Lives of Black Women</b>	<b>Inger</b>	<b>Burnett-Zeigler</b>	<b>Amistad / HarperCollins</b>
<b>SILVER</b>	<b>From Survive to Thrive: Living Your Best Life with Mental Illness</b>	<b>Margaret S.</b>	<b>Chisolm MD, with John Hanc; &amp; Natasha Chugh, Illustrator</b>	<b>Johns Hopkins Univ. Press</b>
<b>SILVER</b>	<b>Calm Within the Storm: A Pathway to Everyday Resiliency</b>	<b>Dr. Robyne</b>	<b>Hanley-Dafoe</b>	<b>Page Two Books</b>
<b>SILVER</b>	<b>NOISE: A Flaw in Human Judgment</b>	<b>Daniel</b>	<b>Kahneman; Olivier Sibony, &amp; Cass R. Sunstein</b>	<b>Little, Brown Spark</b>
<b>SILVER</b>	<b>Soul Therapy: The Art and Craft of Caring Conversations</b>	<b>Thomas</b>	<b>Moore</b>	<b>HarperOne /HarperCollins</b>
<b>21</b>	<b>PHOTOGRAPHY &amp; ART</b>			
<b>GOLD</b>	<b>KURA: Prophetic Messenger</b>	<b>Richard</b>	<b>Bresnahan</b>	<b>Kura Book Publishing LLC</b>
<b>GOLD</b>	<b>Night on Earth: Photography by Art Wolfe</b>	<b>Art</b>	<b>Wolfe</b>	<b>Earth Aware Editions</b>
<b>SILVER</b>	<b>The Art of Discovering Whales</b>	<b>Larry</b>	<b>Foster</b>	<b>Whales Only Press</b>
<b>SILVER</b>	<b>A Life in Focus: The Photography of Graham Nash</b>	<b>Graham</b>	<b>Nash</b>	<b>Insight Editions</b>
<b>SILVER</b>	<b>Remember</b>	<b>Roger</b>	<b>Raepple</b>	<b>Self</b>
<b>SILVER</b>	<b>Our National Monuments: America's Hidden Gems</b>	<b>QT</b>	<b>Luong, Sally Jewell, &amp; Ian Shive</b>	<b>Terra Galleria Press</b>
<b>22A</b>	<b>POETRY</b>			
<b>GOLD</b>	<b>about: blank</b>	<b>Tracy</b>	<b>Fuad</b>	<b>Univ. Pittsburgh Press / Pitt Poetry Series</b>
<b>GOLD</b>	<b>Call Us What We Carry: Poems</b>	<b>Amanda</b>	<b>Gorman</b>	<b>Penguin Random House / Viking Books</b>
<b>SILVER</b>	<b>Whispers of the Soul: New and Selected Poems</b>	<b>Patricia</b>	<b>Greer</b>	<b>Chiron Publications</b>



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SILVER	Ordinary Psalms	Julia B.	Levine	LSU Press / State Univ. LA
SILVER	No, Love Is Not Dead	Chris	McCabe, editor	Chambers
SILVER	I Am the Rage	Dr. Martina	McGowan	Sourcebooks
SILVER	To All the Magic in Me	Pavita	Singh MPH; & Mary K. Biswas, Illustrator	Publish Your Gift
<b>22B</b>	<b>LYRIC PROSE</b>			
GOLD	But She Still Flies: Poems and Paintings	Jenny Noble	Anderson, & Emma Greenhill	Bird and Branch Press
GOLD	Paper Concert: A Conversation in the Round	Amy	Wright	Sarabande Books
SILVER	The Accidental Reef and Other Ecological Odysseys in the Great Lakes	Lynne	Heasley; & Glenn Wolff, Illustrator	Michigan State Univ. Press
SILVER	When We Talk of Stolen Sisters	Jessica	Mehta	Not a Pipe
SILVER	Call Me Athena: Girl From Detroit	Colby Cedar	Smith	Andrews McMeel Publishing
<b>23</b>	<b>RELATIONSHIPS &amp; COMMUNICATION</b>			
GOLD	Friendshipping: The Art of Finding Friends, Being Friends, and Keeping Friends	Trin	Garritano, & Jenn Bane	Workman Publishing
SILVER	HUDDLE: How Women Unlock Their Collective Power	Brooke	Baldwin	Harper Business
SILVER	How to Communicate Effectively with Anyone, Anywhere	Raul	Sanchez, & Dan Bullock; Rod Sanchez, Illustrator	Red Wheel / Weiser
SILVER	Untangling You: How can I be grateful when I feel so resentful?	Kerry	Howells	Major Street Publishing
SILVER	Invitation to Intimacy: What the Marriage of two Couples-Therapists Reveals about Risk, Transformation and the Astonishing Healing Power of Intimacy	Judy	Tiesel-Jensen	Et Alia Press
<b>24A</b>	<b>RELIGION-SPIRITUALITY / Eastern Traditions</b>			
GOLD	Destroyer of Sorrow: Illustrated Series based on the Ramayana	Vrinda	Sheth	Mandala Publishing
GOLD	The Garden of Flowers and Weeds: New translation and commentary on the Blue Cliff Record	Matthew Juksan	Sullivan	Monkfish Book Publishing
SILVER	Adventure in Zanskar	Amy	Edelstein	Emergence Education Press
SILVER	Mindfulness: Walking with Jesus and Buddha	Sister Annabel	Laity	Orbis Books
SILVER	Words of Wisdom	—	Ram Dass	Mandala Publishing
<b>24B</b>	<b>RELIGION-SPIRITUALITY / Western Traditions</b>			
GOLD	Sacred Earth, Sacred Soul	John Philip	Newell	HarperOne /HarperCollins

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GOLD	The Hours of the Universe: Reflections on God, Science, and the Human Journey	Ilia	Delio, OSF	Orbis Books
SILVER	A Pilgrimage of Paradoxes: A Backpacker's Encounters with God and Nature	Mark	Clavier	Bloomsbury Publishers
SILVER	Not So Black and White: An Invitation to Honest Conversation about Race and Faith	Reggie	Dabbs, & John Driver	Zondervan
SILVER	Saint Hildegard: Ancient Insights for Modern Seekers	Susan	Garthwaite	She Writes Press
SILVER	Wholehearted Faith	Rachel Held	Evans, with Jeff Chu	HarperOne /HarperCollins
SILVER	The Divine Heart: Seven Ways to Live in God's Love	Colette	Lafia	Monkfish Book Publishing
SILVER	The Mystery Tradition of Miraculous Conception: Mary and the Lineage of Virgin Births	Marguerite Mary	Rigoglioso PhD	Inner Traditions
24C	RELIGION-SPIRITUALITY / Other Traditions			
GOLD	Becoming Medicine: Pathways of Initiation into a Living Spirituality	David R.	Kopacz MD, & Joseph Rael (Beautiful Painted Arrow)	Condor and Eagle Press
SILVER	Divine Sparks: Interfaith Wisdom for a Postmodern World	Starr Regan	DiCiurcio	DartFrog Plus
SILVER	Artist Shaman Healer Sage	Katherine	Skaggs, author & illustrator	Satiama Publishing
SILVER	Symbol and Synchronicity: Learning the Soul's Language in Dreams and Waking Life	Julie	Loar	Satiama Publishing
SILVER	Fat Moons and Hunger Moons: Turn of the Seasons for Northwoods Natives	Tamarack	Song, & Moses (Amik) Beaver	Snow Wolf Publishing
25	SCIENCE & COSMOLOGY			
GOLD	Of Sound Mind: How Our Brain Constructs a Meaningful Sonic World	Nina	Kraus	The MIT Press
GOLD	How to Talk to a Science Denier: Conversations with Flat Earthers, Climate Deniers, and others	Lee	McIntyre	The MIT Press
SILVER	The Web of Meaning: Integrating Science and Traditional Wisdom to Find Our Place in the Universe	Jeremy	Lent	New Society Publisher
SILVER	Brain Fever: How Vaccines Prevent Meningitis and Other Killer Diseases	Richard	Moxon	World Scientific Publishing
SILVER	Smarter Tomorrow: How 15 minutes of Neurohacking a Day can Help You	Elizabeth R.	Ricker	Little, Brown Spark
SILVER	The Science of Channeling	Helané	Wahbeh ND	New Harbinger Pub. / Reveal Press
26	SOCIAL SCIENCES & EDUCATION			
GOLD	Worldwise Learning: A Teacher's Guide to Shaping a Sustainable Future	Carla	Marschall, & Elizabeth O. Crawford	Corwin / SAGE

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SILVER	The Power of US	Jay	Van Bavel, & Dominic J. Packer	Little, Brown Spark
SILVER	FLOW Learning, Opening Heart and Spirit through Nature	Joseph Bharat	Cornell	Crystal Clarity Publishers
SILVER	Minding Bodies: how physical space, sensation, and movement affect learning	Susan	Hrach	West Virginia Univ. Press
SILVER	Media Reform and the Climate Emergency: Rethinking Communication in the Struggle for a Sustainable Future	David J.	Park	Univ. Michigan Press
SILVER	Make Good the Promises	Kinshasha Holman	Conwill, and Paul Gardullo	Amistad / HarperCollins
<b>27</b>	<b>SOCIAL CHANGE &amp; SOCIAL JUSTICE</b>			
GOLD	Wallet Activism	Tanja	Hester	BenBella Books
GOLD	The Wake Up: Closing the Gap Between Good Intentions and Real Change	Michelle Mijung	Kim	Hachette Go
SILVER	After You Vote: A Woman's Guide to Making an Impact	Courtney	Emerson	BenBella Books
SILVER	Broke in America: Seeing, Understanding, and Ending U.S. Poverty	Joanne Samuel	Goldblum, & Colleen Shaddox	BenBella Books
SILVER	Refusing Death: Immigrant Women and the Fight for Environmental Justice in LA	Nadia Y.	Kim	Stanford Univ. Press
SILVER	This Is the Fire	Don	Lemon	Little, Brown & Co.
SILVER	The End of Bias: A Beginning; The Science and Practice of Overcoming Unconscious Bias	Jessica	Nordell	Metropolitan Books / Henry Holt & Co.
<b>28</b>	<b>WORLD CULTURES' GROWTH &amp; DEVELOPMENT</b>			
GOLD	Towards a Natural Social Contract: Transformative Social-Ecological Innovation for a Sustainable, Healthy & Just Society	Patrick	Huntjens	Springer
GOLD	The Web of Meaning: Integrating Science and Traditional Wisdom to Find Our Place in the Universe	Jeremy	Lent	New Society Publisher
SILVER	World as Family	Vishakha	Desai	Columbia Univ. Press
SILVER	Indigenomics: Taking a Seat at the Economic Table	Carol Anne	Hilton MBA	New Society Publisher
SILVER	The Finger of God: from the Lineage of David to the Presidency of the United States	Jesse L.	Jackson, Jr.	Archway Publishing
SILVER	I Miss the Rain in Africa: Peace Corps as a Third Act	Nancy Daniel	Wesson	Modern History Press
<b>29</b>	<b>RISING TO THE MOMENT</b>			

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GOLD	Our Changing Menu: Climate Change and the Foods We Love and Need	Michael P.	Hoffmann, Carrie Koplinka-Loehr, Danielle Eiseman; & Lindsey Potoff, Illust'r.	Cornell Univ. Press
GOLD	Universal Human: Creating Authentic Power and the New Consciousness	Gary	Zukav	Atria Books
**	<b>SPECIAL HONORS FOR EXCEPTIONAL CONTRIBUTION: Gary Zukav - Universal Human</b>			
SILVER	We Are Each Other's Harvest: Celebrating African American Farmers, Land, and Legacy	Natalie	Baszile	Amistad / HarperCollins
SILVER	Restart: Designing a Healthy Post-Pandemic Life	doreen	dodgen-magee	Rowman & Littlefield
SILVER	Lyrice's Journey of Ascension: A Nonverbal Autistic Finds Her Power, Peace, and Purpose	Lyrice	Marquez, & Gayle Lee	Miale LLC
SILVER	Worldwise Learning: A Teacher's guide to Shaping a Sustainable Future	Carla	Marschall, & Elizabeth Crawford	Corwin / SAGE
SILVER	Global Unitive Healing: Integral Skills for Personal and Collective Transformation	Elena	Mustakova	Light on Light Press & Sacred Stories Publishing
SILVER	Raising Resilient Kids: 8 principles for bringing up healthy, happy, successful children who can overcome obstacles and thrive despite adversity	Rhonda	Spencer-Hwang	Tyndale
<b>30A</b>	<b>PICTURE BOOKS / Fiction</b>			
GOLD	The Rescuer of Tiny Creatures	Curtis	Manley; & Lucy Ruth Cummins, Illust'r.	Roaring Brook Press
SILVER	The Jar Menagerie	Monica	Babich; & C.S. Fritz, Illust'r.	Self-Published
SILVER	Ping Meets Pang: A story of otherness, differences, and friendship	Mary Jane	Begin, author & Illust'r.	Wyatt-MacKenzie
SILVER	The Power of Gratitude: Unlocking Hidden Treasures	Ruth	Maille; & Pardeep Mehra, Illust'r.	Self-Published
SILVER	Wiggles, Stomps, & Squeezes Calm My Jitters Down: A picture book celebrating neurodiversity	Lindsey Rowe	Parker; & Rebecca Burgess, Illust'r.	BQB Publishing
SILVER	The Night the Monsters Came	Junia	Wonders; & Lisa Ciccone, Illust'r.	Gmuer Verlag
<b>30B</b>	<b>PICTURE BOOKS / Non-Fiction</b>			
GOLD	<b>SEEDS</b>	Carme	Lemniscates	Candlewick Studio
SILVER	Chi Chi the Rescue Dog: Never Give Up	Elizabeth	Howell; & Blayne Fox, Illust'r.	Brown Books Kids
SILVER	One Drop, Endless Ripples	Jayshree L.	Patel; & Alexandra McLellan, Illust'r.	Ripple Press
SILVER	Have You Ever Wondered What You Will Be?	Junia	Wonders; & Chiara Nasi, Illust'r.	Gmuer Verlag

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<b>31A</b>	<b>CHILDREN'S ILLUSTRATED / Fiction</b>			
GOLD	Because You Are Here	Dr. Yasmin	Salleh; & Amanda Merrifield, Illust'r.	Kook Village Pty Ltd.
**	SPECIAL HONORS AS BEST OF CHILDREN'S BOOKS: Because You Are Here			
GOLD	Eala: Mother Swan / La Madre Cisne	Ayn Cates	Sullivan; & Paige Ozma Ashmore, Illust'r.	Infinite Light Publishing & Media
SILVER	I Love You, Fiorella, Flaws and All !	Cindy A.	Bell; & Emily House, Illust'r.	Suzy and Scout Publishing
SILVER	Little Mountain	Caryn	Hartman; & Lynsi Godwin, Illust'r.	Pema Publishing
SILVER	Desmond Gets Free	Matt	Meyer; & Khim Fam, Illust'r.	Skinner House Books
SILVER	Finding God in All I See, Finding God in You and Me	MaryEllen	Weber; & Kari Vick, Illust'r.	Beaver's Pond Press
SILVER	Evie and the Bushfire	Becky	Westbrook; & Jet James, Illust'r.	Stormbird Press
<b>31B</b>	<b>CHILDREN'S ILLUSTRATED / Non-Fiction</b>			
GOLD	Monarch Butterflies	Ann	Hobbie, author & Illust'r.	Storey Publishing
GOLD	WATER: A Deep Dive of Discovery	Christy	Mihaly; & Mariona Cabassa, Illust'r.	Barefoot Books
SILVER	Sounds All Around: A Guide to Onomatopoeias Around the World	Dr. James	Chapman	Andrews McMeel Publishing
SILVER	Planet Power: Explore the World's Renewable Energy	Stacy P.	Clark; & Annalisa Beghelli, Illust'r.	Barefoot Books
SILVER	Under the Stars: Astrophysics for Everyone	Lisa	Harvey-Smith; & Mel Matthews, Illust'r.	World Scientific Publishing
SILVER	Who Needs a Forest Fire?	Paula	Henson; & Sue Todd, Emily Underwood, Illustrators	Terra Bella Books
<b>32</b>	<b>MID-GRADES / Fiction</b>			
GOLD	Everything Together: A Second Dad Wedding	Benjamin	Klas; & Fan Arroyo, Illust'r.	One Elm Books / Red Chair Press
GOLD	The S.O.U.R.C.E.	Suzanna L.	Royse; & Jo Gershman, Tara Larsen Chang, Illustrators	Fulton Books
SILVER	Barefoot Dreams of Petra Luna	Alda P.	Dobbs	Sourcebooks
SILVER	The Crown of Light: An Ancient Legend, A Lovestruck Heroine, A Journey for Peace	Rivera	Sun	Rising Sun Press Works
<b>33</b>	<b>MID-GRADES / Non-Fiction</b>			
GOLD	Hear My Voice / Escucha mi voz	Warren	Binford	Workman Publishing
GOLD	Earth's Incredible Oceans	Jess	French, & Claire McElfrack	DK / division of Penguin Random House

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GOLD	Rise Up: Ordinary Kids with Extraordinary Stories	Amanda	Li, and Amy Blackwell	Andrews McMeel Publishing
SILVER	Be the Dragon: 9 Keys to Unlocking Your Inner Magic	Catherine J.	Manning; & Melanie Demmer, Illust'r.	Workman Publishing
SILVER	The One and Only You! How to Be Your Best, Truest, You-est You	Nicole Jon	Sievers; Darcy Cline, Illust'r, Ruth Matinko-Wald, editor	Imaginal Discs Press
34	YOUNG ADULT / Fiction			
GOLD	Up All Night: 13 Stories between Sunset and Sunrise	Laura	Silverman, editor	Algonquin Young Readers
SILVER	Lincoln in Springfield	Jan'	Jacobi	Reedy Press
SILVER	The Dreamcatcher Codes	Barbara	Newman	Green Writers Press
SILVER	FEDOR [Historical Fiction]	Brant	Vickers	Atmosphere Press
35	YOUNG ADULT / Non-Fiction			
GOLD	EARTH Will Survive * But we may not	Katie	Coppens	Tumblehome, Inc.
GOLD	Diary of a Young Naturalist	Dara	McAnulty	Ebury Press
**	SPECIAL HONORS AS BEST OF MID-GRADE & YA: Diary of a Young Naturalist			
SILVER	Bias is All Around You: A Handbook for Inspecting Social Media & News Stories	Erik	Bean; & Gail Gorske, Illust'r.	Healthy Mind Express
SILVER	Becoming Who You Are: Beautiful Painted Arrow's Life Lessons	Joseph	Rael (Beautiful Painted Arrow)	Condor and Eagle Press
SILVER	The Joy of Writing Journal: Spark Your Creativity in 8 Minutes a Day	Lisa	Tener; design by Tamara Monosoff	Prosperity House Media
SILVER	You Don't Have to Be Everything: Poems for Girls Becoming Themselves	Diana	Whitney, editor	Workman Publishing
SILVER	100 Plants to Feed the Monarch	—	Xerces Society	Storey Publishing
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